**بسم اللہ الرحمٰن الرحیم**

**The Salaat Tracker Diary**

**INFO GUIDE**



**What do I need to do if I am a…. Tifl?**

|  |
| --- |
| The Salaat Tracker Diary is a bi-weekly diary that you need to fill out so that you can track the progress of your *salaat.* |

The Salaat Tracker Diary is being launched for all Atfal across the UK, to help encourage the observing of the five daily prayers whilst keeping a track on the improvements that you can make, on a daily basis. To ensure that you are on the right track, you can follow the guide below:

* Request your Local Nazim Atfal for the Salaat Tracker Diary.
* Print the diary out and start filling it in (or if you don’t have one, request your local Nazim to deliver it to you or you can always make your own replica on paper.)
* Make sure you fill the diary out on a daily basis.
* Submit the diary after every two weeks to your Local Nazim.

**Your aim should be:**

* To ensure that you are offering Namaaz on a daily basis and in congregation, as much as possible.
* To recite the Holy Quran on a daily basis, with translation.
* To listen to the Friday Sermons of Huzoor (aba) on MTA and make notes.

For any queries, please contact:

1. Your Local Nazim Atfal
2. Your Regional Nazim Atfal