

# MAA National Online Talim Class

27/12/20

- Welcome to another Online Talim class, organised by Majlis Atfal-ul-Ahmadiyya UK
- This Class is for 7-10 year old Atfal only...Ask your regional nazim for the link to the class for older Atfal if you do not fall in this age group
- Register online at [Atfal.org.uk/taleem-online-classes](https://Atfal.org.uk/taleem-online-classes)
- If you are facing any technical difficulties, please ask your parents for assistance or consult the Atfal guide on the Atfal website
- The class will begin shortly

<b>Teacher Notes:</b>
1. Take this time to welcome all Atfal in – they will be muted so just keep on repeating instructions
2. Make sure all Atfal have parents around to help with the technology
3. Make sure that you are comfortable and ready.
4. It is the teachers choice to start the lesson when they seem appropriate (around 11AM)

# “What have you been up to?”

## Teacher Notes:

1. This is an icebreaker for all Atfal and the teacher
2. We only have time to ask 2 to 3 Atfal
3. You may wish to share something that you have been doing
4. Finish with saying some activity that all Atfal should be doing:
  - a. Exercise
  - b. Salaat
  - c. Helping with house chores
  - d. Doing Homework

\*\*Discussion might be a bit long, so don't spend too much time on this\*\*

# LEARNING SECTION



# Salaat

أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ - الرَّحْمَنِ الرَّحِيمِ - مَلِكِ يَوْمِ الدِّينِ -

Alhamdulillah rabbi alameen. Arrahmaa nir raheem. Maaliki yaumiddeen.

All praise belongs to Allah, Lord of all the worlds.  
The Most Gracious, Ever Merciful. Master of the Day of Judgement.

## Teacher Notes:

1. Pick a Tifl to recite the Arabic of the Salaat and pick a different tilf to read the translation
2. TELL THEM THAT THEY MUST MEMORISE THE ARABIC OF THE SALAAT AT LEAST, THERE WILL BE A TEST AT THE END OF THE YEAR WHICH EVERYONE MUST PASS

# Hadith

سَبَابُ الْمُسْلِمِ فُسُوقٌ

*Sibaab-ul-muslimi fusooq*

Abuse by (or of) a Muslim is an evil.

- What does 'Abuse' mean?
- Does this mean that we can abuse non-Muslims?
- Does the majority of the Muslim Ummah follow this Hadith well?
- How can we fight violence in today's society?

## Teacher Notes:

3. Pick a Tifl to recite the Arabic of the Hadith and pick a different tilf to read the translation
4. Ask Atfal for their understanding and interpretation of the hadith
5. Ask the Atfal to link it to real world examples
6. Share any story or narrative with the Atfal that they might find interesting

# Short Quiz

- Rules:
  - Raise your hand if you know the answer, or send in the chat
  - If you do not know the answer, do not raise your hand
  - If you have already had a go, let your Atfal brothers have a go too and not raise your hand again
- 5 Questions and their answers

**Q1. When did the Holy Prophet Muhammad (pbuh)'s Father pass away?**

A. A few months before the Holy Prophet (pbuh)'s birth

**Q2. When did the Holy Prophet Muhammad (pbuh)'s Mother pass away?**

A. When the Holy Prophet (pbuh) was six years old

**Q3. Who and when did the Holy Prophet (pbuh) first marry?**

A. At the age of 25 the Holy Prophet (pbuh) married Hazrat Khadija (ra)

**Q4. In how many years was the Holy Qur'an revealed?**

A. 23 years

**Q5. How many times has the name of the Holy Prophet (pbuh) been mentioned in the Holy Qur'an?**

A. 4 times; Surah Al-e-Imran:145, Surah Al-Ahzab:41, Surah Muhammad (pbuh):3, Surah Al-Fath:30

# Abid Khan Sahib's Diary

## Heading To Be Decided

I also met with another Ahmadi, Irfan Ijaz (37) who shared a similar story testifying to the healing powers of prayer.

He told me that he and his family had moved to Holland in 2011 from Pakistan. Two years before, in 2009, they had been blessed with a son, however he had been born with only two chambers in his heart, rather than the four chambers that are normal. This affected the blood flow across his body and was considered a life threatening illness. In fact, doctors in Pakistan had told Irfan sahib that there was no viable cure or treatment.

Irfan sahib said:

*“When our son Imran was born with this life-threatening defect we wrote constantly to Huzoor for prayers. Our agony and pain was beyond words, yet we were reassured by Huzoor’s love and prayers and so we never gave up hope. Finally, a team of Ahmadi doctors from the USA examined our son at the Tahir Heart Hospital in Rabwah and they came up with a treatment plan based on the latest medical advances in the USA. Based on their advice, our son had two surgeries in Rabwah and with the grace of Allah they were successful.”*

Irfan sahib continued:

*“Now, years later, my son had surgery here in Holland last month when a pacemaker was inserted. Though the surgery was initially rendered successful, at a follow-up the doctors said that the stitching had not healed well and there was a big risk of infection. A sinister looking mark was also apparent on my son’s stomach around the stitching. At that point I felt desperation that my son will now have to have more treatment.”*

Irfan sahib further said:

*“Last Thursday, we had a Mulaqat with Huzoor here in Holland and we explained the situation to Huzoor and sought his prayers. Huzoor gave our son a lot of attention and love. He talked to him and said he should keep a good diet. Specifically, Huzoor told him not to drink those juices that were not fresh or pure. Then, Huzoor called him towards him and very lovingly gave him a gift. Later, when went home, my son started to laugh. I asked why and he said that the sinister mark had disappeared and the stitching appeared fine. This was later confirmed by the doctors that no further treatment was now required! We are sure this was only due to the blessings of Khilafat and now, Insha’Allah, our son will lead a healthy life.”*



At this point, Irfan sahib called his son Imran who showed me the scars of his various surgeries. Without any sense of self-pity, the young boy told me how well he was doing and said that he firmly believed that his good health was due to the blessings of Huzoor's prayers. He also told me how his father had bought him a 'Shezan' mango juice earlier in the day and he had reminded his father that he could not drink it as Huzoor had instructed him to drink only fresh and pure juice!

(Europe 2019, Part 1)

### **Teacher Notes:**

1. Pick a tiftl to read the story
2. Ask questions about the details of the story to see if the Atfal were paying attention
3. Ask Atfal what they took away from the story
4. Encourage Atfal to read Abid Khan sahib's diaries.

# **ACTIVITY & DISCUSSION SECTION**

## **Discussion: [Mental Health and Islam]**

- 4 to 5 points to get the Atfal going about the subject.

**Teacher Notes:**

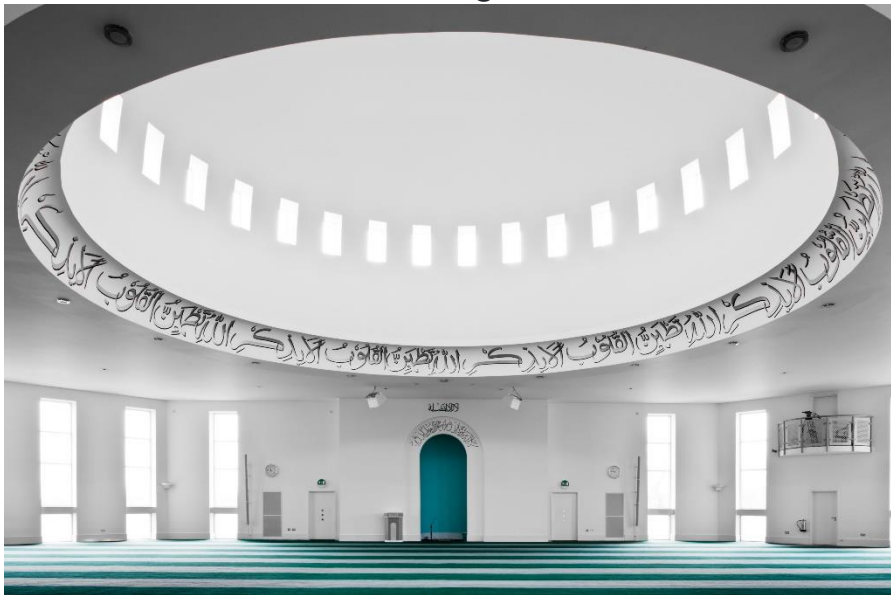
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|--|
| 1. This is the main part of the lesson! Make sure you engage the Atfal and get their side of the story as well |
| 2. Do your own research prior to the lesson so that you are comfortable with the topic                         |
| 3. Perhaps, you can narrate an interesting story for the Atfal   |
| 4. Spend around 15 minutes on this   |

What are some of the ways Islam helps us maintain a good mental health?

- **What is the translation of a Qur'anic verse written on the some of inside of domes of mosques?**

\*\*\* "Indeed it is in the remembrance of Allah that hearts can find comfort" \*\*\*

This could be used as background of discussion slide:



- **Why is 'loving something in this world too much' bad for mental health?**
- **How can we help others to be happy?**
- **Who is the ultimate being we can never love enough and why?**
- **What should we be doing other than just asking for forgiveness from God?**

\*\*\*Teacher notes: God is eternal, God gives us everything and so we should be grateful to God\*\*\*

# Q/A Session

## Ask us Anything!

- In this section we aim to try and answer the contemporary questions the Atfal might have
- This section is strictly informal
- We must engage the Atfal, and make them feel like this is a safe place to talk about their questions.
- They can anonymously share questions in the chat if they wish to.

<b>Teacher Notes:</b>
1. You can also take this time to talk to Atfal about something that you would like to draw their attention towards.

# Announcements

- Next Class date for the diaries – 27<sup>th</sup> (Sunday)
- All content available on Atfal website: [Atfal.org.uk/taleem-online-classes](http://Atfal.org.uk/taleem-online-classes)
- Check out our other initiatives
- Other initiatives:
  - Qaseeda Challenge
  - Winter Reading Challenge
  - Salaat memorisation

<b>Teacher Notes:</b>
1. The moderator will take over now.



<b>Moderator Notes:</b>
1. Say salaam at the end and jazakallah to all the Atfal who took part
2. If there are any questions, please ask their respected regional nazimeen
3. Until next time, “Full salaam”