

MAA National Online Talim Class

03/01/21

- Welcome to another Online Talim class, organised by Majlis Atfal-ul-Ahmadiyya UK
- This Class is for 11-15 year old Atfal only...Ask your regional nazim for the link to the class for younger Atfal if you do not fall in this age group
- Register online at Atfal.org.uk/taleem-online-classes
- If you are facing any technical difficulties, please ask your parents for assistance or consult the Atfal guide on the Atfal website
- The class will begin shortly

Teacher Notes:
1. Take this time to welcome all Atfal in – they will be muted so just keep on repeating instructions
2. Make sure all Atfal have parents around to help with the technology
3. Make sure that you are comfortable and ready.
4. It is the teachers choice to start the lesson when they seem appropriate (around 11AM)

“What have you been up to?”

Teacher Notes:

1. This is an icebreaker for all Atfal and the teacher
2. We only have time to ask 2 to 3 Atfal
3. You may wish to share something that you have been doing
4. Finish with saying some activity that all Atfal should be doing:
 - a. Exercise
 - b. Salaat
 - c. Helping with house chores
 - d. Doing Homework

Discussion might be a bit long, so don't spend too much time on this

LEARNING SECTION

Salaat

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ- إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Iyyaaka nabudu wa iyyaaka nastaeen. Ihdinas siraatal mustaqeem.

All praise belongs to Allah, Lord of all the worlds.
The Most Gracious, Ever Merciful. Master of the Day of Judgement.

نَسْتَعِينُ	وَ إِيَّاكَ	نَعْبُدُ	إِيَّاكَ
We beseech for help	And You alone	We worship	You alone
You alone do we worship and You alone do we beseech for help.			

الْمُسْتَقِيمَ	الصِّرَاطَ	إِهْدِنَا
Right (straight)	The path	Guide us (to)
Guide us to the right path.		

Teacher Notes:

1. Pick a Tifl to recite the Arabic of the Salaat and pick a different tilf to read the translation
2. TELL THEM THAT THEY MUST MEMORISE THE ARABIC OF THE SALAAT AT LEAST, THERE WILL BE A TEST AT THE END OF THE YEAR WHICH EVERYONE MUST PASS

Hadith

مَنْ لَا يَرْحَمُ لَا يُرْحَمُ

Man laa yarham, laa yurham

The one who doesn't show mercy will not be shown mercy.

- What does Mercy mean?
- To whom should we show mercy?
- How can we show mercy to one another?
- Who was the best example of mercy in the world? Give any examples from their actions?
- Does this mean that we should not show mercy to those who do not show mercy to us?

Teacher Notes:

3. Pick a Tifl to recite the Arabic of the Hadith and pick a different tilf to read the translation
4. Ask Atfal for their understanding and interpretation of the hadith
5. Ask the Atfal to link it to real world examples
6. Share any story or narrative with the Atfal that they might find interesting

Short Quiz

- Rules:
 - Raise your hand if you know the answer, or send in the chat
 - If you do not know the answer, do not raise your hand
 - If you have already had a go, let your Atfal brothers have a go too and not raise your hand again
- 5 Questions and their answers

Q1. At what age did the Holy Prophet Muhammad (pbuh) receive his (pbuh) first revelation?

A. At the age of 40

Q2. Who was the first man to accept Islam?

A. Hazrat Abu Bakr (ra)

Q3. Who was the first woman to accept Islam?

A. Hazrat Khadija (ra)

Q4. Who was the first child to accept Islam?

A. Hazrat Ali (ra)

Q5. Who was the first slave to accept Islam?

A. Hazrat Zaid bin Harithah (ra)

Abid Khan Sahib's Diary

Speaking in haste!

I spent some time with two members of Khuddam who had attended the Khuddam Amila meeting with Huzoor the day before.

One [person] told me how his close friend once had Mulaqat with Huzoor and he had told Huzoor that when he was in Pakistan he had worked for WAPDA, which is Pakistan's '*Water and Power Development Authority*'.

Upon this, Huzoor had joked with the Khadim and said:

"If you worked in WAPDA then you will have taken bribes?"

Without thinking the Khadim had responded with great enthusiasm:

"Ji Huzoor!"

He told how the Mulaqat had continued for a few more minutes when suddenly it came to his mind what Huzoor had asked and he was mortified.

He suddenly said:

“Huzoor, I want to clarify I did not take any bribes!”

Another Khadim who was with us told of how he was part of a Khuddam delegation that went to London to meet Huzoor a couple of years before. The delegation was granted a group Mulaqat with Huzoor and during the meeting Huzoor asked if any of the Khuddam had more than one wife.

The Khadim said that without thinking and probably due to his sheer excitement at being in the presence of Huzoor he immediately raised his hand without even registering what Huzoor had asked.

He said the other Khuddam in his group were looking at him very confused, as he only had one wife that they knew about! After the meeting they all came to him and asked why he had raised his hand. When they explained to him what Huzoor had asked he was shocked!

We laughed, as it was clear that these mistakes were made innocently and only out of the common sense of nerves and excitement that every Ahmadi feels when meeting Huzoor.

(Europe 2019, Part 1)

Teacher Notes:

1. Pick a tiftl to read the story
2. Ask questions about the details of the story to see if the Atfal were paying attention
3. Ask Atfal what they took away from the story
4. Encourage Atfal to read Abid Khan sahib's diaries.

ACTIVITY & DISCUSSION SECTION

Discussion: [Mental Health]

- 4 to 5 points to get the Atfal going about the subject.

Teacher Notes:

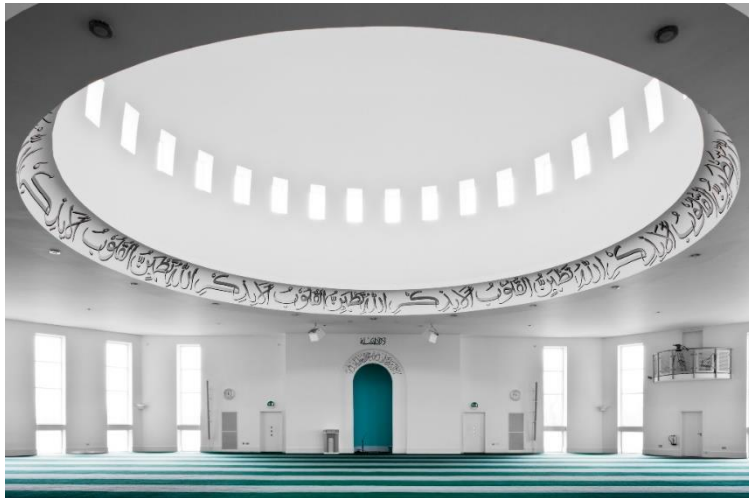
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| 1. This is the main part of the lesson! Make sure you engage the Atfal and get their side of the story as well |
| 2. Do your own research prior to the lesson so that you are comfortable with the topic |
| 3. Perhaps, you can narrate an interesting story for the Atfal |
| 4. Spend around 15 minutes on this |

What are some of the ways Islam helps us maintain a good mental health?

- **How important is mental health to our daily lives?**
- **What is the translation of a Qur'anic verse written on the some of inside of domes of mosques?**

*** "Indeed, it is in the remembrance of Allah that hearts can find comfort" ***

This could be used as background of discussion slide:



- **How can we abstain from loving things in this world too much?**
- **Why is nearness to Allah the best cure for mental health?**
- **What should we be doing other than just asking for forgiveness from God?**

Teacher notes: God is eternal, God gives us everything and so we should be grateful to God

Q/A Session

Ask us Anything!

- In this section we aim to try and answer the contemporary questions the Atfal might have
- This section is strictly informal
- We must engage the Atfal, and make them feel like this is a safe place to talk about their questions.
- They can anonymously share questions in the chat if they wish to.

Teacher Notes:
1. You can also take this time to talk to Atfal about something that you would like to draw their attention towards.

Announcements

- Next Class date for the diaries – 10th (Sunday)
- All content available on Atfal website: Atfal.org.uk/taleem-online-classes
- Check out our other initiatives
- Other initiatives:
 - Qaseeda Challenge
 - Winter Reading Challenge
 - Salaat memorisation

Teacher Notes:

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| 1. The moderator will take over now. |
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Moderator Notes:

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| 1. Say salaam at the end and jazakallah to all the Atfal who took part |
| 2. If there are any questions, please ask their respected regional nazimeen |
| 3. Until next time, “Full salaam” |