

# AMANAT

(UNDER 7S)

**TALIM SYLLABUS 2022-23**  
**MAJLIS ATFALUL AHMADIYYA UK**



MAJLIS  
ATFALUL AHMADIYYA  
UNITED KINGDOM



# RULES FOR TILAWAT

- Participants can recite any of the selected portions from the syllabus.
- A recitation from outside the syllabus will get a total mark of zero.
- Marks will be deducted if the Tifl forgets to recite Ta'awwuz or Tasmiyya.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Pronunciation – *Makharij*
  - (b) Tajweed
  - (c) Melody – *Lehan*



## TILAWAT

## Surah Al-Ikhlas, Chapter 112

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾  
لَمْ يَلِدْهُ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

## Surah Al-‘Asr, Chapter 103

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعَصْرِ ﴿٢﴾ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ﴿٣﴾  
إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصُوا بِالْحَقِّ ﴿٤﴾ وَتَوَّصُوا بِالصَّبْرِ ﴿٥﴾

## Surah Al-Kauthar, Chapter 108

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾  
فَصَلِّ لِرَبِّكَ وَأَنْحَرْ ﴿٣﴾ إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

## Surah An-Nasr, Chapter 110

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾  
وَرَأَيْتَ النَّاسَ يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾  
فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾



# RULES FOR NAZAM

- Any one of the Nazams from the syllabus can be delivered.
- At least three couplets are given for each Nazam, any two must be recited without repetition.
- There will be no additional marks for reciting from memory.
- Reading a Nazam from outside the syllabus will get a total mark of zero.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Quality of Voice – Husne Adaigi
  - (c) Melody – Lehan



## NAZAM

Quran sab se achaa

قرآن سب سے اچھا۔ حضرت ڈاکٹر میر محمد اسماعیلؒ

قرآن سب سے پیارا	قرآن سب سے اچھا
قرآن ہے سہارا	قرآن دل کی قوت
جو میرے نام آیا	اللہ میاں کا خط ہے
جلدی مجھے سپارہ	اُستانی جی پڑھاؤ

Quran sab say acha,	Quran sab say piyara
Quran dil ki quwwat,	Quran hay sahara
Allah mian ka khat hay,	jo meirey nam aya
Ustani ji parhau,	jaldi mujhe sapara

Kabhi Nusrat Nahi Milti – Durre Sameen

کبھی نصرت نہیں ملتی۔ دُرّ شمین

کبھی نصرت نہیں ملتی درِ مولیٰ سے گندوں کو	کبھی ضائع نہیں کرتا وہ اپنے نیک بندوں کو
وہی اُس کے مقرب ہیں جو اپنا آپ کھوتے ہیں	نہیں رہ اُس کی عالی بارگہ تک خود پسندوں کو
یہی تدبیر ہے پیارو کہ مانگو اُس سے قربت کو	اُسی کے ہاتھ کو ڈھونڈو جلاؤ سب کمندوں کو



# NAZAM

Kabhi Nusrat Nahi Milti – Durre Sameen

کبھی نصرت نہیں ملتی۔ دُرِ ثَمین

Kabhi Nusrat Nahi Milti dare maula se gandoon ko	Kabhi zaye nahi karta wo apne naik bandoon ko
Wohi usske muqarab hein jo apna aap khote hein	Nahi raah uski aali bargah tak khud pasandoon ko
Yehi tadbeer he piyaro k mango us se qurbat ko	Ussi ke haat ko dhoondo jalao sab kamandoon ko

Wo peshawa hamara – Durr-e-Thameen

وہ پیشوا ہمارا۔ دُرِ ثَمین

نام اس کا ہے محمدؐ دلبر میرا یہی ہے	وہ پیشوا ہمارا جس سے ہے نور سارا
لیک از خدائے برتر خیر الوریٰ یہی ہے	سب پاک ہیں پیمبر اک دوسرے سے بہتر
وہ طیبؑ و امیںؑ ہے اُس کی ثنا یہی ہے	وہ آج شاہِ دین ہے وہ تاجِ مرسلین ہے

Wo peshwa hamara jissey hai noor sara	Naam uska hai Muhammad (sa) dil bar mera yehi hai
Sab paak hain payambar, ik dusrey sey behtar	Laikaz khuda-e- bartar Khairul wara yehi hai
Wo aaj Shah-e-Deen he, wo Taaj-e-Mursaleen he	Wo Tayyab-o-Ameen he, Us ki thana yahi he



## NAZAM

Ham Ahmadi Bachay Hain – Master Muhammad Ibrahim Shad

ہم احمدی بچے ہیں۔ ماسٹر محمد ابراہیم شاد

ہم احمدی بچے ہیں کچھ کر کے دکھا دیں گے	شیطان کی حکومت کو دنیا سے مٹا دیں گے
ہم مشرق و مغرب میں وحدت کی صدا دیں گے	دنیاں کو طریقت کا پھر درس سکھا دیں گے
ہر سمت پکاریں گے دنیاں میں نذیر آیا	ہر ایک کو جا جا کر پیغامِ خدا دیں گے

Ham Ahmadi Bachay Hain Kuch Kar Kay Dikha dein gay	Shaitan ki hukumat ko dunya say mita dein gay
Ham mashriq-o-maghrib mein wahdat ki sada dein gay	Dunya ko tariqat ka phir dars sikha dein gay
Har samt pukarein ge Dunya mein Nazeer aya	Har aik ko jaja kar pegham-e- khuda dein gay



## NAZAM

Qaseeda: Ya `Aina Faizil Laahi Wal Irfaani– Hazrat Mirza Ghulam Ahmad Qadiani (as), The Promised Messiah (as)

يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ - حضرت مرزا غلام احمد قادياني

يَسْعَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ	يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ
فِي هَذِهِ الدُّنْيَا وَبَعَثِ ثَانِ	يَا رَبِّ صَلِّ عَلَى نَبِيِّكَ دَائِبًا
فِي مُهْجَتِي وَمَدَارِكِي وَجَنَانِي	يَا حَبِّ إِنَّكَ قَدْ دَخَلْتَ مَحَبَّةً

Ya `aina faizil laahi wal Irfaani	Yas `aa ilaikal Khalku ka-zam-aani
Ya rabbi salli `alaa nabiyyika daa-i-man	Fee haazihid dunya waba' sin saani
Ya Hibbi innaka kad-dakhalta mahabbatan	Fee muhjatee wamadaariki wajananani

O you who are the fountain of Allah's beneficence and divine understanding;	People throng towards you like the thirsty rushing towards water.
O my Lord, always shower blessings on your Prophet,	In this world and the next.
O my beloved, my adoration for you has penetrated	Into my blood, heart, soul and body.



# RULES FOR PREPARED SPEECH ENGLISH

- The speech must be delivered in English language.
- Any speech delivered on a topic from outside the syllabus will get a total mark of zero.
- Marks will be deducted if a speech is longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, but Urdu references and couplets are not allowed.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Structure of Argument
  - (b) Content
  - (c) Delivery – *Way of Expression*



# RULES FOR PREPARED SPEECH URDU

- The speech must be delivered in Urdu language.
- Any speech delivered on a topic from outside the syllabus will get a total mark of zero.
- Marks will be deducted if a speech is longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, but English references and couplets are not allowed.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Structure of Argument
  - (b) Content
  - (c) Delivery – *Way of Expression*



# PREPARED SPEECH ENGLISH

The topics for Prepared Speech English are:

1. "My Delight is in the Salat"
2. Why should we love Salat?
3. Why should we learn the Salat
4. Personal examples of the benefits of Salat

# PREPARED SPEECH URDU

The topics for Prepared Speech Urdu are:

1. قُرْءَةُ عَيْنِي فِي الصَّلَاةِ      میری آنکھوں کی ٹھنڈک نماز میں ہے۔
2. نماز کی اہمیت
3. نماز برائی سے روکتی ہے
4. میری نماز



# **RULES FOR AZAAN**

- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Judges reserve the right to ask a participant to recite the Azaan for Fajr.
- There will be no marks for hand position.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Quality of Delivery – Husn-e-Adaigi
  - (c) Tune - Lehan.



## AZAAN

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

حَيَّ عَلَى الصَّلٰوةِ حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الْفَلَاحِ حَيَّ عَلَى الْفَلَاحِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

لَا اِلَهَ اِلَّا اللّٰهُ

Highlighted section should be read during Fajr prayer only



# RULES FOR HIFZ TRIATHLON

- The Hifz Traithlon combines three Hifz competitions, which we will refer to as “categories”:
  - Hifz-e-Quran
  - Hifz-e-Ahadith
  - Hifz-e-Qasidah
- Each participant will be required to answer questions from each of the categories listed above.
- Marks will be awarded according to the different rules for each of the categories listed above. You can these rules listed below along with the syllabus for each of the categories.
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A participant may take up to 10 seconds before starting their answer.
- Positions will be awarded according to overall score.



# RULES FOR HIFZ-E-QURAN

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any portion from the Syllabus.
  - The judge will only give the reference to the portion, for example “Recite Surah Al-Ikhlas” or “Recite Surah Al-Bakarah verse 1 till 7”.
  - Giving the first few words of Arabic such as “Recite قُلْ هُوَ اللَّهُ” will be considered as a hint and will result in mark deduction.
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Accuracy
  - (c) Fluency



# HIFZ-E-QURAN

## Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾ وَرَأَيْتَ النَّاسَ يَدْخُلُونَ  
فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

## Surah Al-Lahab

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ تَبَّتْ يَدَا أَبِي لَهَبٍ وَتَبَّ ﴿٢﴾ مَا أَغْنَىٰ عَنْهُ مَالُهُ وَمَا  
كَسَبَ ﴿٣﴾ سَيَصْلَىٰ نَارًا ذَاتَ لَهَبٍ ﴿٤﴾ وَامْرَأَتُهُ حَمَّالَةَ الْحَطَبِ ﴿٥﴾  
فِي جِيدِهَا حَبْلٌ مِّن مَّسَدٍ ﴿٦﴾

## Surah Al-Ikhlâs

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾ لَمْ يَلِدْ  
وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

## Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿٢﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٣﴾ وَمِنْ شَرِّ  
غَاسِقٍ إِذَا وَقَبَ ﴿٤﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٥﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٦﴾



# HIFZ-E-QURAN

## Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿٢﴾ مَلِكِ النَّاسِ ﴿٣﴾  
إِلَهِ النَّاسِ ﴿٤﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٥﴾  
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ﴿٦﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٧﴾

## Surah Al-Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾ فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾ إِنَّ  
شَانِعَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

## Surah Al-`Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعَصْرِ ﴿٢﴾ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ﴿٣﴾ إِلَّا الَّذِينَ آمَنُوا  
وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ ﴿٤﴾ وَتَوَاصَوْا بِالصَّبْرِ ﴿٥﴾

## Surah Al-Fatihah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿٢﴾ الرَّحْمَنِ الرَّحِيمِ ﴿٣﴾ مَلِكِ  
يَوْمِ الدِّينِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ﴿٥﴾ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ﴿٦﴾ صِرَاطَ  
الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ﴿٧﴾ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿٨﴾



# RULES FOR HIFZ-E-AHADITH

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any Hadith and its translation from the Syllabus.
  - The judge will only ask the Hadith by giving the initial few words of the Arabic or translation and never ask the Hadith by its number. For example, a Tifl may be asked to “Recite the Hadith that starts with **حَيْرُ الزَّادِ**” or “Recite Hadith with the translation The best provision for the journey”
- A participant may take up to 10 seconds before answering.
- Marks will be awarded for:
  - (a) Pronunciation and accuracy of the Arabic
  - (b) Accuracy of the translation



# HIFZ-E-AHADITH

1

خَيْرُ الزَّادِ التَّقْوَى

Khair-uz-zadit-taqwa

The best provision for the journey to the hereafter is righteousness.

2

الْغِنَى غِنَى النَّفْسِ

Al ghinaa ghinan-nafs

True wealth is the wealth of the heart.

3

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ

Inna-mal a'maalu bin-niyyaat

Deeds are judged by motives.

4

سَبَابُ الْمُسْلِمِ فُسُوقٌ

Sibaab-ul-muslimi fusooq

Abuse by (or of) a Muslim is an evil.

5

مَنْ لَا يَرْحَمُ لَا يُرْحَمُ

Man laa yarham, laa yurham

The one who doesn't show mercy will not be shown mercy.



# HIFZ-E-AHADITH

6

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

Khairu-kum man ta'allamal-qur'aana wa allamahu  
The best among you is the one who learns the Quran and teaches it to others.

7

الْحَيَاءُ خَيْرٌ كُلُّهُ

Al-hayaa'u khairun kulluhu  
Modesty is the best virtue.

8

السَّعِيدُ مَنْ وُعِظَ بِغَيْرِهِ

As-sa'eedu maw-wu'iza bi-ghairi-hi  
A pious person learns from others (other's mistakes).

9

لَيْسَ الْخَبْرُ كَالْمُعَايَنَةِ

Laysal-khabaru kal-mu'ayana  
Hearing is not like seeing.

10

النَّاسُ كَأَسْنَانِ الْمِشْطِ

An-naasu ka asnaa-nil-musht  
People are like the teeth of a comb.



# RULES FOR HIFZ-E-QASIDAH

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Accuracy
  - (c) Fluency



# HIFZ-E-QASIDAH

The Promised Messiah (as) is reported to have said:

*“This Qasidah has been accepted by Allah, and Allah has informed me that whoever memorises this Qasidah and repeats it constantly, such a person’s heart would be granted a deep love for me and for Prophet Muhammad (sa) and I will reward him with nearness to me”*

Please find the full Qasidah using the following link:

<https://www.alislam.org/book/commentary-al-qasidah/>

The Syllabus for this age group is:

- To read the introductory pages of the book linked above
- To memorise couplets 1 to 10.



# RULES FOR ATFAL APEX QUIZ

- **This is an open TEAM competition. All Atfal are free to participate in this, but teams must be submitted through the Regional Nazim Atfal. Please contact your Regional Nazim Atfal soon as places may be limited.**
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- Each Team will consist of 3-5 atfal from the same region and same age group.
- There will be multiple rounds, including but not limited to:
  - Religious
  - General
  - Academic (Mathematics, Sciences and English)
  - Puzzles (IQ and Chess)
  - Guess who?
  - Salat
  - Guess the flag
  - Bonus rounds
- Each team will answer the same question simultaneously.
- Each question will be allocated 30 seconds to 1 minute answer time.
- Pens and paper will be provided.
- The Quiz master's decision will be final.



# RULES FOR PRESENTATION COMPETITION

- Each individual will be allocated 2 minutes to present.
- Each individual must submit their presentations via email by 17<sup>th</sup> of September latest.
  - [fateen.yasir@atfal.co.uk](mailto:fateen.yasir@atfal.co.uk)
  - Please **include** your name, region and age group
- Atfal do not need to bring their electronic devices to present, a laptop will be made available to them.
- The presentation must be based on one of the topics given in the syllabus.
- The marking criteria is as follows:
  - Style of delivery
  - Content & subject matter
  - Pronunciation
  - Presentation (design)



# PRESENTATION COMPETITION

The topics for the Presentations are as follows:

- My favourite story of the Holy Prophet (pbuh)
- My favourite story of the Promised Messiah (as)

Make sure to use appropriate functionalities of MS PowerPoint to construct the presentation. Your audience will be other Atfal brothers. There is a strict 2-minute time limit. Be sure to write-up a script.

Use of images and videos must be done with great care. Ask yourself about the necessity and appropriateness of any media shared on the presentation.

For content, consult [alislam.org](http://alislam.org) or a local Missionary.

For more questions, please email:

[Fateen.yasir@atfal.co.uk](mailto:Fateen.yasir@atfal.co.uk)