

# DIANAT

(7 TO 9)

**TALIM SYLLABUS 2022-23**  
**MAJLIS ATFALUL AHMADIYYA UK**



MAJLIS  
ATFALUL AHMADIYYA  
UNITED KINGDOM

# RULES FOR TILAWAT

- This is a closed competition. Only those Atfal who have achieved 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> at Regional Ijtema will be allowed to take part at National Level. Please consult the Ijtema website for more details.
  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- Participants can recite any of the selected portions from the syllabus.
- A recitation from outside the syllabus will get a total mark of zero.
- Marks will be deducted if the Tifl forgets to recite Ta'awwuz or Tasmiyya.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Pronunciation – *Makharij*
  - (b) Tajweed
  - (c) Melody – *Lehan*

## TILAWAT

Surah An-Nasr, Chapter 110

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾  
وَرَأَيْتِ النَّاسَ يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾  
فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

Surah Al-Baqarah, Chapter 2 (22 - 24)

يَا أَيُّهَا النَّاسُ اعْبُدُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ وَالَّذِينَ مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿٢٢﴾  
الَّذِي جَعَلَ لَكُمُ الْأَرْضَ فِرَاشًا وَالسَّمَاءَ بِنَاءً وَأَنْزَلَ مِنَ السَّمَاءِ مَاءً فَأَخْرَجَ بِهِ  
مِنَ الشَّجَرِ رِزْقًا لَكُمْ فَلَا تَجْعَلُوا لِلَّهِ أَدَادًا وَإِنْتُمْ تَعْلَمُونَ ﴿٢٣﴾ وَإِنْ كُنْتُمْ فِي رَيْبٍ  
مِمَّا نَزَّلْنَا عَلَى عَبْدِنَا فَأْتُوا بِسُورَةٍ مِثْلِهِ وَادْعُوا شُهَدَاءَكُمْ مِنْ دُونِ اللَّهِ إِنْ  
كُنْتُمْ صَادِقِينَ ﴿٢٤﴾

# TILAWAT

Surah Al-Baqarah, Chapter 2 (44 - 46)

وَأَقِيمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ وَارْكَعُوا مَعَ الرَّاكِعِينَ ﴿٢٣﴾ أَتَأْمُرُونَ النَّاسَ بِالْبِرِّ  
وَتَنْسَوْنَ أَنْفُسَكُمْ وَأَنْتُمْ تَتْلُونَ الْكِتَابَ أَفَلَا تَعْقِلُونَ ﴿٢٤﴾ وَاسْتَعِينُوا بِالصَّبْرِ  
وَالصَّلَاةِ إِنَّهَا لَكَبِيرَةٌ إِلَّا عَلَى الْخَاشِعِينَ ﴿٢٥﴾

Surah Bani Isra'il, Chapter 17 (79 - 81)

أَقِمِ الصَّلَاةَ لِذُلُوكِ الشَّمْسِ إِلَى غَسَقِ اللَّيْلِ وَقُرْآنَ الْفَجْرِ إِنَّ قُرْآنَ الْفَجْرِ كَانَ  
مَشْهُودًا ﴿٧٩﴾ وَمِنَ اللَّيْلِ فَتَهَجَّدْ بِهِ نَافِلَةً لَكَ عَسَى أَنْ يَبْعَثَكَ رَبُّكَ مَقَامًا  
مَّحْبُودًا ﴿٨٠﴾ وَقُلْ رَبِّ أَدْخِلْنِي مُدْخَلَ صِدْقٍ وَأَخْرِجْنِي مُخْرَجَ صِدْقٍ وَاجْعَلْ لِي مِنْ  
لَدُنْكَ سُلْطَانًا نَصِيرًا ﴿٨١﴾

# RULES FOR NAZAM

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  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- Any one of the Nazams from the syllabus can be delivered.
- At least three couplets are given for each Nazam, any two must be recited without repetition.
- There will be no additional marks for reciting from memory.
- Reading a Nazam from outside the syllabus will get a total mark of zero.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Quality of Voice – Husne Adaigi
  - (c) Melody – Lehan

## NAZAM

Apne Karam se – Kalaam-e-Mahmood

اپنے کرم سے۔ کلام محمود

اپنے کرم سے بخش دے میرے خدا مجھے	بیمار عشق ہوں تیرا دے تو شفا مجھے
جب تک کہ دم میں دم ہے اسی دین پر	اسلام پر ہی آئے جب آئے قضا مجھے
بے کس نواذات ہے تیری ہی اے خدا	آتا نظر نہیں کوئی تیرے سوا مجھے

Appne Karam se bakhsh de mere khuda mujhe	Bemare ishq hun tera daye tu shifa mujhe
Jab tak ke dam mein dam he issi deen par rahoon	Islam par hi aye jab aye qaza mujhe
Be kas Nawaz zaat he teri aye khuda	Aata nazar nahi koi tere siwa mujhe

Naune Halaane Jama'at – Kalaam-e-Mahmood

نوناہالان جماعت۔ کلام محمود

نوناہالان جماعت مجھے کچھ کہنا ہے	پر ہے یہ شرط کہ ضائع مرا پیغام نہ ہو
چاہتا ہوں کہ کروں چند نصائح تم کو	تا کہ پھر بعد میں مجھ پر کوئی الزام نہ ہو
جب گزر جائیں گے ہم تم پہ پڑے گاسب بار	سستیاں ترک کرو طالب آرام نہ ہو

# NAZAM

Naune Halaane Jama'at – Kalaam-e-Mahmood

نوناہالان جماعت۔ کلام محمود

Non-e-halani jama'at mujhe kuch kehna hain	Par hai yeh shart keh zaye mera pegham na ho
Chahta hun keh karun chand nasaih tum ko	Taake phir ba'd mein mujh par koi ilzam na ho
Jab guzar jain gay ham tum peh paray ga sam bar	Sustiyan tark karo taalib-e- aaram na ho

Wo peshawa hamara – Durr-e-Thameen

وہ پیشوا ہمارا۔ دُرِ ثَمین

نام اس کا ہے محمد دُلبِ میرا یہی ہے	وہ پیشوا ہمارا جس سے ہے نور سارا
لیک از خدائے برتر خیر الوریٰ یہی ہے	سب پاک ہیں پیمبر اک دوسرے سے بہتر
وہ طیب و امین ہے اُس کی ثنا یہی ہے	وہ آج شاہِ دین ہے وہ تاجِ مرسلین ہے

Wo peshwa hamara jissey hai noor sara	Naam uska hai Muhammad (sa) dil bar mera yehi hai
Sab paak hain payambar, ik dusrey sey behtar	Laikaz khuda-e- bartar Khairul wara yehi hai
Wo aaj Shah-e-Deen he, wo Taaj-e-Mursaleen he	Wo Tayyab-o-Ameen he, Us ki thana yahi he

# NAZAM

Ham Ahmadi Bachay Hain – Master Muhammad Ibrahim Shad

ہم احمدی بچے ہیں۔ ماسٹر محمد ابراہیم شاد

ہم احمدی بچے ہیں کچھ کر کے دکھادیں گے	شیطان کی حکومت کو دنیا سے مٹا دیں گے
ہم مشرق و مغرب میں وحدت کی صدا دیں گے	دنیاں کو طریقت کا پھر درس سکھادیں گے
ہر سمت پکاریں گے دنیاں میں نذیر آیا	ہر ایک کو جا جا کر پیغام خدا دیں گے

Ham Ahmadi Bachay Hain Kuch Kar Kay Dikha dein gay	Shaitan ki hukumat ko dunya say mita dein gay
Ham mashriq-o-maghrیب mein wahdat ki sada dein gay	Dunya ko tariqat ka phir dars sikha dein gay
Har samt pukarein ge Dunya mein Nazeer aya	Har aik ko jaja kar pegham-e- khuda dein gay

## NAZAM

Qaseeda: Ya `Aina Faizil Laahi Wal Irfaani– Hazrat Mirza Ghulam Ahmad Qadiani (as), The Promised Messiah (as)

يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ - حضرت مرزا غلام احمد قادياني

يَسْعَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ	يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ
فِي هَذِهِ الدُّنْيَا وَبَعَثِ ثَانِ	يَا رَبِّ صَلِّ عَلَى نَبِيِّكَ دَائِبًا
فِي مُهْجَتِي وَمَدَارِكِي وَجَنَانِي	يَا حَبِّ إِنَّكَ قَدْ دَخَلْتَ مَحَبَّةً

Ya `aina faizil laahi wal Irfaani	Yas `aa ilaikal Khalku ka-zam-aani
Ya rabbi salli `alaa nabiyyika daa-i-man	Fee haazihid dunya waba' sin saani
Ya Hibbi innaka kad-dakhalta mahabbatan	Fee muhjatee wamadaariki wajananani

O you who are the fountain of Allah's beneficence and divine understanding;	People throng towards you like the thirsty rushing towards water.
O my Lord, always shower blessings on your Prophet,	In this world and the next.
O my beloved, my adoration for you has penetrated	Into my blood, heart, soul and body.

# RULES FOR PREPARED SPEECH ENGLISH

- **This is a closed competition. Only those Atfal who have achieved 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> at Regional Ijtema will be allowed to take part at National Ijtema. Please consult the Ijtema website for more details.**
  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- The speech must be delivered in English language.
- Any speech delivered on a topic from outside the syllabus will get a total mark of zero.
- Marks will be deducted if a speech is longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, but Urdu references and couplets are not allowed.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Structure of Argument
  - (b) Content
  - (c) Delivery – *Way of Expression*

# RULES FOR PREPARED SPEECH URDU

- **This is an open competition. All Atfal are free to participate in this at National Ijtema regardless of result at Regional Ijtema.**
  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- The speech must be delivered in Urdu language.
- Any speech delivered on a topic from outside the syllabus will get a total mark of zero.
- Marks will be deducted if a speech is longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, but English references and couplets are not allowed.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
  - (a) Structure of Argument
  - (b) Content
  - (c) Delivery – *Way of Expression*

# PREPARED SPEECH ENGLISH

The topics for Prepared Speech English are:

1. "My Delight is in Salat"
2. Salat – The perfect way to Worship our Creator
3. Personal examples of the benefits of Salat
4. Why I pray

# PREPARED SPEECH URDU

The topics for Prepared Speech Urdu are:

1. قُرْءَةُ عَيْنِي فِي الصَّلَاةِ  
میری آنکھوں کی ٹھنڈک نماز میں ہے۔
2. نماز کامیابی کی کنجی
3. نماز قرب الہی کا ذریعہ
4. میری نماز

# RULES FOR AZAAN

- **This is an open competition. All Atfal are free to participate in this at National Ijtema regardless of result at Regional Ijtema.**
  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Judges reserve the right to ask a participant to recite the Azaan for Fajr.
- There will be no marks for hand position.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Quality of Delivery – Husn-e-Adaigi
  - (c) Tune - Lehan.

## AZAAN

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

حَيَّ عَلَى الصَّلٰوةِ حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الْفَلَاحِ حَيَّ عَلَى الْفَلَاحِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

لَا اِلَهَ اِلَّا اللّٰهُ

Highlighted section should be read during Fajr prayer only

# RULES FOR HIFZ TRIATHLON

- **This is an open competition. All Atfal are free to participate in this at National Ijtema regardless of result at Regional Ijtema.**
  - [atfal.org.uk/Ijtema/talim](http://atfal.org.uk/Ijtema/talim)
- The Hifz Traithlon combines three Hifz competitions, which we will refer to as “categories”:
  - Hifz-e-Quran
  - Hifz-e-Ahadith
  - Hifz-e-Qasidah
- Each participant will be required to answer questions from each of the categories listed above.
- Marks will be awarded according to the different rules for each of the categories listed above. You can these rules listed below along with the syllabus for each of the categories.
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A participant may take up to 10 seconds before starting their answer.
- Positions will be awarded according to overall score.

# RULES FOR HIFZ-E-QURAN

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any portion from the Syllabus.
  - The judge will only give the reference to the portion, for example “Recite Surah Al-Ikhlas” or “Recite Surah Al-Bakarah verse 1 till 7”.
  - Giving the first few words of Arabic such as “Recite قُلْ هُوَ اللَّهُ” will be considered as a hint and will result in mark deduction.
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Accuracy
  - (c) Fluency

## HIFZ-E-QURAN

## Surah Al-`Adiyat

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعِدْيَتِ ضَبْحًا ﴿٢﴾ فَالْمُورِيَّتِ قَدْحًا ﴿٣﴾ فَالْمُغِيرَتِ  
 ضَبْحًا ﴿٤﴾ فَآثَرْنَ بِهِ نَقْعًا ﴿٥﴾ فَوَسَطْنَ بِهِ جَمْعًا ﴿٦﴾ إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنُودٌ ﴿٧﴾ وَإِنَّهُ  
 عَلَىٰ ذَٰلِكَ لَشَهِيدٌ ﴿٨﴾ وَإِنَّهُ لِحُبِّ الْخَيْرِ لَشَدِيدٌ ﴿٩﴾ أَفَلَا يَعْلَمُ إِذَا بُعْثِرَ مَا فِي  
 الْقُبُورِ ﴿١٠﴾ وَحُصِّلَ مَا فِي الصُّدُورِ ﴿١١﴾ إِنَّ رَبَّهُم بِهِمْ يَوْمَئِذٍ لَّخَبِيرٌ ﴿١٢﴾

## Surah Al-Qari`ah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْقَارِعَةُ ﴿٢﴾ مَا الْقَارِعَةُ ﴿٣﴾ وَمَا أَدْرَاكَ مَا  
 الْقَارِعَةُ ﴿٤﴾ يَوْمَ يَكُونُ النَّاسُ كَالْفَرَاشِ الْمَبْثُوثِ ﴿٥﴾ وَتَكُونُ الْجِبَالُ كَالْعِهْنِ  
 الْمَنْفُوشِ ﴿٦﴾ فَأَمَّا مَنْ ثَقُلَتْ مَوَازِينُهُ ﴿٧﴾ فَهُوَ فِي عِيشَةٍ رَاضِيَةٍ ﴿٨﴾ وَأَمَّا مَنْ خَفَّتْ  
 مَوَازِينُهُ ﴿٩﴾ فَأَمَّهُ هَوِيَّةٌ ﴿١٠﴾ وَمَا أَدْرَاكَ مَا هِيَّةٌ ﴿١١﴾ نَارُ حَامِيَةٍ ﴿١٢﴾

## Surah At-Takathur

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلْهَكُمُ التَّكَاثُرُ ﴿٢﴾ حَتَّىٰ زُرْتُمُ الْمَقَابِرَ ﴿٣﴾ كَلَّا سَوْفَ  
 تَعْلَمُونَ ﴿٤﴾ ثُمَّ كَلَّا سَوْفَ تَعْلَمُونَ ﴿٥﴾ كَلَّا لَوْ تَعْلَمُونَ عِلْمَ الْيَقِينِ ﴿٦﴾ لَتَرَوُنَّ  
 الْجَحِيمَ ﴿٧﴾ ثُمَّ لَتَرَوُنَّهَا عَيْنَ الْيَقِينِ ﴿٨﴾ ثُمَّ لَتَسْأَلَنَّ يَوْمَئِذٍ عَنِ النَّعِيمِ ﴿٩﴾

## HIFZ-E-QURAN

## Surah Al-'Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعَصْرِ ﴿٢﴾ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ﴿٣﴾  
إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصُوا بِالحَقِّ ﴿٤﴾ وَتَوَّصُوا بِالصَّبْرِ ﴿٥﴾

## Surah Al-Humazah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَيْلٌ لِّكُلِّ هُمَزَةٍ لُّمَزَةٍ ﴿٢﴾  
الَّذِي جَمَعَ مَالًا وَعَدَّدَهُ ﴿٣﴾ يَحْسَبُ أَنَّ مَالَهُ أَخْلَدَهُ ﴿٤﴾  
كَلَّا لَيُنْبَذَنَّ فِي الْحُطَّةِ ﴿٥﴾ وَمَا أَذْرَاكَ مَا الْحُطَّةُ ﴿٦﴾  
نَارُ اللَّهِ الْمُوقَدَةُ ﴿٧﴾ الَّتِي تَطَّلِعُ عَلَى الْآفِئَةِ ﴿٨﴾  
إِنَّهَا عَلَيْهِمْ مُّوَصَّدَةٌ ﴿٩﴾ فِي عَمَدٍ مُّمَدَّدَةٍ ﴿١٠﴾

## Surah Al-Fil

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِأَصْحَابِ الْفِيلِ ﴿٢﴾  
أَلَمْ يَجْعَلْ كَيْدَهُمْ فِي تَضْلِيلٍ ﴿٣﴾ وَأَرْسَلَ عَلَيْهِمْ طَيْرًا أَبَابِيلَ ﴿٤﴾  
تَرْمِيهِمْ بِحِجَارَةٍ مِّن سِجِّيلٍ ﴿٥﴾ فَجَعَلَهُمْ كَعَصْفٍ مَّأْكُولٍ ﴿٦﴾

# HIFZ-E-QURAN

## Surah Quraish

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ لَا يَلْفِ قُرَيْشٍ ﴿٢﴾  
 الْفَهْمُ رِحْلَةَ الشِّتَاءِ وَالصَّيْفِ ﴿٣﴾ فَلْيَعْبُدُوا رَبَّ هَذَا الْبَيْتِ ﴿٤﴾  
 الَّذِي أَطْعَمَهُمْ مِنْ جُوعٍ ۖ ﴿٥﴾ وَأَمَنَهُمْ مِنْ خَوْفٍ ﴿٦﴾

## Surah Al-Ma'un

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَرَأَيْتَ الَّذِي يُكَذِّبُ بِالْإِيمَانِ ﴿٢﴾  
 فَذَلِكَ الَّذِي يَدْعُ الْيَتِيمَ ﴿٣﴾ وَلَا يَحْضُ عَلَى طَعَامِ الْبُسْكِينِ ﴿٤﴾  
 فَوَيْلٌ لِلْمُصَلِّينَ ﴿٥﴾ الَّذِينَ هُمْ عَنْ صَلَاتِهِمْ سَاهُونَ ﴿٦﴾  
 الَّذِينَ هُمْ يُرَآءُونَ ﴿٧﴾ وَيَنْعُونَ الْبَاعُونَ ﴿٨﴾

## Surah Al-Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَاكَ الْكَوْثَرَ ﴿٢﴾  
 فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾ إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

## HIFZ-E-QURAN

## Surah Al-Kafirun

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ يَا أَيُّهَا الْكَافِرُونَ ﴿٢﴾ لَا أَعْبُدُ مَا تَعْبُدُونَ ﴿٣﴾  
وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ﴿٤﴾ وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ﴿٥﴾  
وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ﴿٦﴾ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ﴿٧﴾

## Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾ وَرَأَيْتَ النَّاسَ  
يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

## Surah Al-Lahab

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ تَبَّتْ يَدَا أَبِي لَهَبٍ وَتَبَّ ﴿٢﴾  
مَا أَغْنَىٰ عَنْهُ مَالُهُ وَمَا كَسَبَ ﴿٣﴾ سَيَصْلَىٰ نَارًا ذَاتَ لَهَبٍ ﴿٤﴾  
وَأَمْرَأَتُهُ حَمَّالَةَ الْحَطَبِ ﴿٥﴾ فِي جِيدِهَا حَبْلٌ مِّن مَّسَدٍ ﴿٦﴾

## Surah Al-Ikhlâs

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾  
لَمْ يَلِدْهُ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

## HIFZ-E-QURAN

## Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿٢﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٣﴾  
وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٤﴾ وَمِنْ شَرِّ النَّفَّاثِ فِي الْعُقَدِ ﴿٥﴾  
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٦﴾

## Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿٢﴾ مَلِكِ النَّاسِ ﴿٣﴾  
إِلَهِ النَّاسِ ﴿٤﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٥﴾  
الَّذِي يُوسَسُ فِي صُدُورِ النَّاسِ ﴿٦﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٧﴾

## Surah Al-Fatihah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿٢﴾ الرَّحْمَنِ الرَّحِيمِ ﴿٣﴾ مَلِكِ  
يَوْمِ الدِّينِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ﴿٥﴾ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ﴿٦﴾ صِرَاطَ  
الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۖ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿٧﴾

## HIFZ-E-QURAN

Surah Al-Baqarah, First Ruku

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلَمْ يَكُنْ لَكَ الْكِتَابُ لَا رَيْبَ ۚ فِيهِ ۚ هُدًى  
 لِلْمُتَّقِينَ ﴿٢﴾ الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ ﴿٣﴾  
 وَالَّذِينَ يُؤْمِنُونَ بِمَا أُنْزِلَ إِلَيْكَ وَمَا أُنْزِلَ مِنْ قَبْلِكَ ۚ وَبِالْآخِرَةِ هُمْ يُوقِنُونَ ﴿٤﴾  
 أُولَٰئِكَ عَلَىٰ هُدًى مِّنْ رَبِّهِمْ ۚ وَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ ﴿٥﴾ إِنَّ الَّذِينَ كَفَرُوا سَوَاءٌ  
 عَلَيْهِمْ ءَأَنذَرْتَهُمْ أَمْ لَمْ تُنذِرْهُمْ لَا يُؤْمِنُونَ ﴿٦﴾ خَتَمَ اللَّهُ عَلَىٰ قُلُوبِهِمْ وَعَلَىٰ  
 سَمْعِهِمْ ۖ وَعَلَىٰ أَبْصَارِهِمْ غِشَاوَةٌ ۚ وَلَهُمْ عَذَابٌ عَظِيمٌ ﴿٧﴾

# RULES FOR HIFZ-E-AHADITH

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any Hadith and its translation from the Syllabus.
  - The judge will only ask the Hadith by giving the initial few words of the Arabic or translation and never ask the Hadith by its number. For example, a Tifl may be asked to “Recite the Hadith that starts with **حَيْرُ الزَّادِ**” or “Recite Hadith with the translation The best provision for the journey”
- A participant may take up to 10 seconds before answering.
- Marks will be awarded for:
  - (a) Pronunciation and accuracy of the Arabic
  - (b) Accuracy of the translation

# HIFZ-E-AHADITH

1

خَيْرُ الزَّادِ التَّقْوَى

Khair-uz-zadit-taqwa

The best provision for the journey to the hereafter is righteousness.

2

أَلْغِنَى غِنَى النَّفْسِ

Al ghinaa ghinan-nafs

True wealth is the wealth of the heart.

3

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ

Inna-mal a'maalu bin-niyyaat

Deeds are judged by motives.

4

سَبَابُ الْمُسْلِمِ فُسُوقٌ

Sibaab-ul-muslimi fusooq

Abuse by (or of) a Muslim is an evil.

5

مَنْ لَا يَرْحَمُ لَا يُرْحَمُ

Man laa yarham, laa yurham

The one who doesn't show mercy will not be shown mercy.

# HIFZ-E-AHADITH

6

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

Khairu-kum man ta'allamal-qur'aana wa allamahu  
The best among you is the one who learns the Quran and teaches it to others.

7

الْحَيَاءُ خَيْرٌ كُلُّهُ

Al-hayaa'u khairun kulluhu  
Modesty is the best virtue.

8

السَّعِيدُ مَنْ وُعِظَ بِغَيْرِهِ

As-sa'eedu maw-wu'iza bi-ghairi-hi  
A pious person learns from others (other's mistakes).

9

لَيْسَ الْخَبْرُ كَالْمُعَايَنَةِ

Laysal-khabaru kal-mu'ayana  
Hearing is not like seeing.

10

النَّاسُ كَأَسْنَانِ الْمِشْطِ

An-naasu ka asnaa-nil-musht  
People are like the teeth of a comb.

# HIFZ-E-AHADITH

11

اِسْتَعِيْنُوْا عَلٰى الْحَوَاجِّ بِالْكِتْمَانِ

Ista-eenu alal ha-waa-iji bil-kitmaan  
To fulfil your needs, seek help in secret.

12

مَنْ قُتِلَ دُوْنَ مَالِهِ فَهُوَ شَهِيدٌ

Man qu-ti-la doona maa-li-hi fa-huwa sha-heed  
The one who dies protecting their property is a martyr.

13

الْحَرْبُ خُدْعَةٌ

Al-harbu khud'a  
War is the name of tactics.

14

الْمُسْلِمُ مِرْآةُ الْمُسْلِمِ

Al-muslimu mir'aa-tul muslim  
A Muslim is a mirror of another Muslim.

15

الْمُسْتَشَارُ مُؤْتَمَنٌ

Al musta-shaa-ru mu'-taman  
A person who is consulted becomes a trustee.

# HIFZ-E-AHADITH

16

الْمَجَالِسُ بِالْأَمَانَةِ

Al majaa-lisu bil-amaa-na

All get-togethers (of people) are based on (their mutual) trust.

17

الْمَرْءُ مَعَ مَنْ أَحَبَّ

Al mar'u ma'a man ahabba

A person is with the one who he loves.

18

الْبَلَاءُ مُوَكَّلٌ بِالْمَنْطِقِ

Al ba-laa'u mu-wakka-lun bil-man-tiq

Talking without thinking can result in trouble.

19

خَيْرُ الْأُمُورِ أَوْسَطُهَا

Khairul umoori aw-satu-ha

Best work is one that is done in moderation.

20

الدَّالُّ عَلَى الْخَيْرِ كَفَاعِلِهِ

Ad-daal-lu alal khairi ka faa-ili-hee

The one who urges others to do good,  
gets the reward like a doer.

# RULES FOR HIFZ-E-QASIDAH

- This competition is part of the Hifz Triathlon. This is not a separate competition and so the positions will be allocated according to Hifz Triathlon. For more information see the rules for Hifz Triathlon above or visit:
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A judge will never ask for a couplet by number. A sample question may be "Recite the couplet that starts with **يَا عَيْنَ فَيْضِ اللَّهِ**".
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
  - (a) Pronunciation
  - (b) Accuracy
  - (c) Fluency

# HIFZ-E-QASIDAH COMPETITION

The Promised Messiah (as) is reported to have said:

*“This Qasidah has been accepted by Allah, and Allah has informed me that whoever memorises this Qasidah and repeats it constantly, such a person’s heart would be granted a deep love for me and for Prophet Muhammad (saw) and I will reward him with nearness to me”*

Please find the full Qasidah using the following link:

<https://www.alislam.org/book/commentary-al-qasidah/>

The Syllabus for this age group is:

- To read the introductory pages of the book linked above
- To memorise couplet 1 to 35

# RULES FOR ATFAL APEX QUIZ

- **This is an open TEAM competition. All Atfal are free to participate in this, but teams must be submitted through the Regional Nazim Atfal. Please contact your Regional Nazim Atfal soon as places may be limited.**
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- Each Team will consist of 3-5 atfal from the same region and same age group.
- There will be multiple rounds, including but not limited to:
  - Religious
  - General
  - Academic (Mathematics, Sciences and English)
  - Puzzles (IQ and Chess)
  - Guess who?
  - Salat
  - Guess the flag
  - Bonus rounds
- Each team will answer the same question simultaneously.
- Each question will be allocated 30 seconds to 1 minute answer time.
- Pens and paper will be provided.
- The Quiz master's decision will be final.

# RULES FOR PRESENTATION COMPETITION

- This is an open competition. All Atfal are free to participate in this, but presentations must be submitted before the deadline.
  - [atfal.org.uk/ljtema/talim](http://atfal.org.uk/ljtema/talim)
- Each individual will be allocated 2 minutes to present.
- Each individual must submit their presentations via email by 17<sup>th</sup> of September latest.
  - [fateen.yasir@atfal.co.uk](mailto:fateen.yasir@atfal.co.uk)
  - Please **include** your name, region and age group
- Atfal do not need to bring their electronic devices to present, a laptop will be made available to them.
- The presentation must be based on one of the topics given in the syllabus.
- The marking criteria is as follows:
  - Style of delivery
  - Content & subject matter
  - Pronunciation
  - Presentation (design)

# PRESENTATION COMPETITION

The topics for the Presentations are as follows:

- My favourite story of the Holy Prophet (pbuh)
- My favourite story of the Promised Messiah (as)

Make sure to use appropriate functionalities of MS PowerPoint to construct the presentation. Your audience will be other Atfal brothers. There is a strict 2-minute time limit. Be sure to write-up a script.

Use of images and videos must be done with great care. Ask yourself about the necessity and appropriateness of any media shared on the presentation.

For content, consult [alislam.org](http://alislam.org) or a local Missionary.

For more questions, please email:

[Fateen.yasir@atfal.co.uk](mailto:Fateen.yasir@atfal.co.uk)