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NATIONAL ATFAL CAMP 2025

HANDBOOK



10-11 MAY

BAITUL FUTUH



NATIONAL ATFAL CAMP 2025

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Who is this pack for?

- This pack is for all Atfal aged 12-15 who have registered for the Atfal Camp and made the £10 registration fee.
- It is also for those who are managers of the teams of Atfal.
- This pack will help you understand how best to participate in the Atfal Camp and how you can prepare yourself for it.



Accommodation

 Accommodation is available for those Atfal coming from far. Those Atfal who live close to Baitul Futuh should go home for the night.



What is the Atfal Camp?

- It is a national event being run in a team-Olympics style format.
- The Atfal Camp will be centered around team competitions, with no individual competitions.
- Atfal will compete in different competitions and accumulate points for their teams.
- The 6 teams with the most points will have the chance to take part in the Grand Finale.

What are the categories of competitions?

All the competitions are split into Four Zones:

Tabligh

Total marks:

30%

Talim

Total marks:

30%

Extra-curricular

Total marks:

20%

Sehat-e-Jismani

Total marks:

20%

How are teams formed?

There is a total of approximately 540 Atfal who have registered. They will be split into about 60 teams, each team consisting of 7-10 Atfal. The teams are regional teams. Whichever region has more than 1 team, their regional Nazim Atfal will decide which Tifl is in which team for their region. All teams will get to participate in activities from the Four Zones.

Contact your Regional Nazim if you want to be part of a specific team within your region.

What are the team kits and how do I get them?

All Atfal who have registered and paid online will be given a kit, consisting of a shirt, a tracksuit-top and a cap.

The kits are regionally divided and not specific to teams. They will have region name at the back.

The kits will be delivered to regional Naizmeen Atfal by the 1st of May.

The team kits can be collected from your regional Naizm Atfal thereafter.

All Atfal must arrive at the event wearing their kit on 10 and 11 May.

What are the Leagues?

The 60 teams will be split into 3 leagues, with about 20 teams in each league.

The leagues will rotate between the four zones over the two days of the Atfal Camp.

The top two teams from each of the three leagues that collect the most points in all the 4 zones will reach the grand finale. So there will be at least 6 teams that reach the Grand Finale.



The Atfal Camp Grand Finale

The top 2 teams from each league will make the grand finale on Sunday where they will take part in final competitions to decide the ultimate champions.



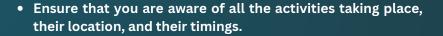
Team managers

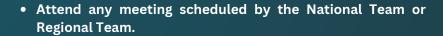


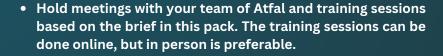
- Every team will need to have a captain (a Tifl) and a responsible Khadim who will act as a Team Manager.
- The Team Manager is responsible for all affairs of his Atfal from before the event to during the event.
- Managers are to be present for the full duration of the event, Regional Nazimeen should bear this in mind when selecting a manager. There should be a strong attachment between the manager and the team, so that there is an element of camaraderie.

Responsibilities before the event:









 Managers should confirm all Atfal in the team have the necessary arrangements in place i.e., transport, accommodation, informing the National Team of allergies etc.



Team managers



Responsibilities during the event:

- Acknowledge Atfal when they engage with activities or the event in general in a positive manner.
- Ensuring Atfal maintain the decorum required of a Jamaat event.
- Ensuring that no Tifl is left out in activities, i.e., every team member gets to take part in the activities in a fair way.
- Prevent and resolve any conflicts from arising within the team or with other teams.

Atfal



What Atfal can do to prepare for the National Atfal Camp

- Most importantly, do dua, give Sadqa and write a letter to beloved Huzur (aba).
- Find out which team you are in and introduce yourself to your manager.
- Read this handbook carefully and prepare by learning the things mentioned for each competition.
- Find out when your team is meeting to train and if they haven't decided on a date and time, ask for it to be arranged.

Atfal



What is expected of Atfal on the day

- Be on time! If you are late for any competitions your team will lose points.
- Make sure you attend both days and have made arrangements to do so e.g., transport.
- Ensure you maintain the spiritual environment expected within a Jama'at event – treat your brothers with respect and love.
- Follow the organisers' lead on the running of the event to ensure a smooth experience for you and your brothers.



How to see your standings on the leaderboard

- Closer to the event, the Atfal Website page <u>www.Atfal.org.uk/camp</u> will be updated to show a live leaderboard.
- As teams compete on the day, the leaderbaord will show how many points each team has accumulated within their league.
- A leaderboard will also be displayed in Tahir Hall in Baitul Futuh which will be updated live.

NATIONAL ATFAL CAMP 2025

PROGRAMME

Saturday 10 May

Time	Programme Item	League 1	League 2	League 3
08:30-09:30	Breakfast & Registration	Tahir Hall	Tahir Hall	Tahir Hall
10:00	Opening Ceremony	Tahir Hall	Tahir Hall	Tahir Hall
10:45	Activities	Talim and Tabligh (Mosque Area)	Extra-curricular Nasir Hall	Sports (Sports Field)
12:00-12:30	Break (Subject to time availability)	х	х	х
12:30	Activities	Talim and Tabligh (Mosque Area)	Extra-curricular Nasir Hall	Sports (Sports Field)
14:00	Namaz	Men's Mosque Area	Men's Mosque Area	Men's Mosque Area
14:30-15:15	Lunch	Tahir Hall	Tahir Hall	Tahir Hall
15:15-4:15	Inspirational Talk - Speaker to be confirmed	Tahir Hall	Tahir Hall	Tahir Hall
16:15	Activities	Sports Outdoor field	Talim and Tabligh (Mosque Area)	Extra-curricular Nasir Hall
17:30	Break (Subject to time availability)	х	х	х
18:00	Activities	Sports Outdoor field	Talim and Tabligh (Mosque Area)	Extra-curricular Nasir Hall
20:00	Dinner	Tahir Hall	Tahir Hall	Tahir Hall
21:00	Isha Namaz	Men's Mosque Area	Men's Mosque Area	Men's Mosque Area
22:00	Late Night Activities	х	х	х
23:00	Bedtime	х	х	х

NATIONAL ATFAL CAMP 2025

PROGRAMME

Sunday 11 May

Time	Programme Item	League 1	League 2	League 3
04:00	Fajr	Men's Mosque Area	Men's Mosque Area	Men's Mosque Area
09:00	Breakfast & Registration	Tahir Hall	Tahir Hall	Tahir Hall
10:00	Assembly	Tahir Hall	Tahir Hall	Tahir Hall
10:30	Activities	Extra-curricular Nasir Hall	Sports Outdoor field	Talim and Tabligh (Mosque Area)
12:00	Break (Subject to time availability)	x	х	х
12:30	Activities	Extra-curricular Nasir Hall	Sports Outdoor field	Talim and Tabligh (Mosque Area)
14:00	Namaz Zohr & Asr	Men's Mosque Area	Men's Mosque Area	Men's Mosque Area
14:30-15:00	Lunch	Tahir Hall	Tahir Hall	Tahir Hall
15:15-16:15	Grand Finale	Tahir Hall	Tahir Hall	Tahir Hall

The Zones Introduced

Below you will find an introduction to Each Zone and the activities within each Zone so you can prepare for them.

The FOUR Zones are:

Tabligh

ک Talim

Extra-curricular

Sehat-e-Jismani



The Tabligh Zone

- The Tabligh Zone will be in the Men's Mosque Area.
- In the Tabligh Zone there will be 2 competitions that will be running simultaneously.
- The total points that can be awarded in this session will be 30% of the total.
- Competition 1 will be the Presentation Competition and competition 2 will be the Role Play Competition.
- All Atfal must participate in only one of the two competitions in the Tabligh Zone. Every Tifl must participate.



Presentation Competition

- Each team must prepare two separate presentations. One on each of the two topics:
 - Why I Believe in God
 - Why I Believe in Ahmadiyyat

Each presentation must be created and delivered by a different group of 2–3 Atfal (i.e. no Atfal can take part in both presentations).

2

Presentation Format:

- Total Time: 4 minutes
 - 30 seconds: Team introduction, approach, and roles
 - 3.5 minutes: Main presentation
- Judging Criteria: 1. Design 2. Content 3. Delivery

Submission Deadline: Presentations must be submitted by your Regional Nazim Atfal to atfalcamp@atfal.co.uk by 5th May 2025.

Role Play Competition

- Each team must also prepare a 4-minute role play on the theme:
 - Belief in God

A group of 3-4 Atfal should take part in the role-play. The role-play should be focused on a discussion-style scenario. It should NOT be a debate-style conversation.

- Remember, the 3-4 Atfal who do the role-play competition cannot be the same as those who do the presentation, and vice versa.
- Atfal need to come up with a scenario on the theme of "Belief in God". Think creatively about what the scenario will be and make a role play. Scenarios can include everyday settings (e.g. among friends, family, classmates). Atfal can decide what aspect of the theme of "Belief in God" Atfal wish to focus on, such as, but not limited to:
 - Does God exist?
 - Why does God allow suffering?
 - Why can't we see God?
 - **Judging Criteria:**
 - Engagement of the conversation
 - Depth and clarity of Islamic perspective
 - Creativity
 - **Important Notes:**
 - All Atfal must take part—either in a presentation or the role play.
 - Presentations and role plays must reflect Islamic teachings and be delivered with confidence and clarity.

Prepare well, work as a team, and represent Islam Ahmadiyyat with pride.

The Talim Zone

- The Talim Session will take place in the Mosque area.
- During the Academics session there will be three activities Atfal will take part in.
- The total points that can be awarded in this session will be 30% of the total.
- The main thing that will be tested during this Zone will be Salat with Translation and memorisation of 40 Ahadith with translation.



Activity 1 Atfal Jeopardy!

- Teams will pick a category and a corresponding number of points.

 Categories will include the following:
 - Salat (full Arabic with translation)
 - Ahadith (40 Ahadith with translation)
 - Religious Knowledge (based on Waqfe Nau syllabus)
 - General Knowledge
- The higher the points, the harder the question!
- 3 Correct answer points added to total score.
- Incorrect answer points deducted from total score (If a team is on 0 points and get a question wrong, they will remain on 0 points).
- 3 Atfal from each team participate at one time. After a total of 10 questions, the members of each team will rotate and 3 new Atfal will have to take part.

How to prepare for this competition:

- Atfal can prepare for this competition using the following resources available on the Atfal website:
- 1. Full Salat Arabic with translation: www.atfal.org.uk/camp-salat
- 2. 40 Ahadith with translation: www.atfal.org.uk/camp-hadith
- Managers of Atfal are encouraged to ensure that the Atfal in their team are preparing according to the syllabus above.



Activity 2 Salat Challenge

- The teams will each line up on a "points line" in single file.
- A question will be asked one-by-one of the team member at the front (e.g, recite Surah Al-Fatiha), after which they go to the back of the line.
- If they answer correctly, the team moves forward one space. If they answer incorrectly, they move backwards (but can't go further back than 0).
- 4 As they progress down the line, they will be awarded with points.

How to prepare for this competition:

- Atfal can prepare for this competition using the following resource available on the Atfal website:
- 1. Full Salat Arabic with translation: www.atfal.org.uk/camp-salat
- Managers of Atfal are encouraged to ensure that the Atfal in their team are preparing according to the syllabus above.
- For translation of Salat, Atfal will not be asked translation of individual words. The Atfal will only be asked translation of phrases.



Activity 3 Checkpoint Challenge

- 1 Teams progress through different stations, each with a unique challenge.
- Teams must work together to complete the task before moving to the next.
- Challenges may include puzzles such as matching, sequencing, true or false, fill-in-the-blanks, or categorising based on topics like Salat, Hadith and General Knowledge.
- Teams will be ranked and awarded points accordingly.

How to prepare for this competition:

- Atfal can prepare for this competition using the following resources available on the Atfal website:
- 1. Full Salat Arabic with translation: www.atfal.org.uk/camp-salat
- 2. 40 Ahadith with translation: www.atfal.org.uk/camp-hadith
- Managers of Atfal are encouraged to ensure that the Atfal in their team are preparing according to the syllabus above.



The Extra-curricular Zone

- The Extra-curricular Session will take place in the Nasir Hall.
- During the Extra-curricular session there will be three categories of activities teams will take part in.
- Each category will last for 40 minutes, after which the Atfal will switch over to the next activity within the Extra-curricular Zone.
- The total points that can be awarded in this session will be 20% of the total.
- Category 1 and Category 2 will each be worth 10%. Category 3 does not contain marks.

Category 1

Pit Stop Challenge – 10% of the total marks

- Each team will be given a car that is raised on Jacks. The team of Atfal will be 1 required to remove all the 4 wheels and then place them back on the car.
- 2 The teams will receive points based on fastest completion times.
- Atfal will be provided with 4 Wheel-Nut Wrenches.
- Maximum of 7 Atfal will be allowed on each car at one time.

How to prepare for this competition:

- Atfal can prepare for this by practicing using a wrench at home and learning how to remove a wheel. A demonstration will be given on the day on how to remove the wheel of a car.
- Managers of Atfal are encouraged to run a training session for their team before the event.

What to do for those teams who have more than 7 Atfal in their team:

- At one time on a car, 7 Atfal can be on. So those who have more than 7 Atfal, the managers can swap over the Atfal at any point so all Atfal get to take part that are within the team.
- We recommend swapping Atfal over at the point when a group of Atfal have managed to remove a wheel so the other Atfal may then put the wheel back on.
- However, it is at the manager's discretion how they swap the Atfal.



Category 2

Al Hakam Newspaper Front Page Challenge – 10% of the total marks

- Each team will be required to make 3 sections of the front page of an Al Hakam Newspaper.
- The Atfal will be provided with templates which they will need to fill in to make their own Newspaper front page.
- This competition seeks to test Atfal's standard of language, general knowledge on Islam and creativity in making an appealing front page.
- Atfal teams should be split so that a minmum of 2 and a maximum of 4 Atfal take a section each of the newspaper to make.
- 5 Each section will have clear guidelinesfor Atfal to follow.

How to prepare for this competition:

- Atfal can prepare for this by carefully studying the PDF or print version of the Al Hakam Newspaper and other main stream newspapers such as the Guardian, The Times or the Telegraph.
- Focus on what makes good headlines and how the introduction of a news report should be written.



Category 3 Open discussion – not marked

- This is a non-competitive part of the Atfal Camp. During this session, Atfal will have discussions in smaller groups on issues affecting the youth.
- 2 Atfal can ask any questions that are on their minds.



The Sehat-e-Jismani Zone

- The Sehat-e-Jismani Zone will contain sports-related competitions.
- The total points that can be awarded in this session will be 20% of the total.
- There will be three Categories of Competitions in the Sehat-e-Jismani Zone:
- 1. Hyrox which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone
- 2. Olympics 6% which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone
- 3. Team games 6% which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone
- The remaining 2% will be awarded to the overall winners from three Sehat-e-Jismani categories.



Hyrox

Hyrox Category will include the following 3 Competitions:

- Hit the wicket 7 Atfal from the team will get to ball at a cricket wicket. Every time a Tifl hits the wicket, they will score a point for their team.
- Crossbar challenge 7 Atfal from the team will get to kick a ball to try and hit the cross bar of a 5 a-side football goal. Every time a Tifl hits the crossbar, they will score a point for their team.
- Capture the napkin This is an exciting surprise game that will be explained to Atfal on the day.



Olympics

Olympics Category will include the following 3 Competitions:

- Shot put The average distance all the Atfal from the team can throw the Shot Put will make up the team score.
- Relay/hurdles race All the Atfal will get to take part.
- Archery The average mark that all Atfal gain in their turns will make up the team score. The archery set will be a safe set that is not injurious.



Team Games

Team Games Category will include the following 2 Competitions:

- 1 Tug of War 7 Atfal from each team will go head to head with other teams.
- Capture the Flag 7 Atfal from each team will go head to head with other teams in this popular game. To learn more about this game, you can look online and search for "Capture the Flag game".

How to prepare for this competition:

- The activities listed above can be practiced at home or in the park.
- For instance Atfal an practice their wicket-hitting skills or cross bar challenges on their own or as a team in training sessions within their teams.
- Atfal can also practice playing the game of "Capture the Flag".
- If Atfal have access to a Shot-put they can practice accordingly.





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TABLIGH DEPARTMENT
UNITED KINGDOM



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