

AMANAT

UNDER 7S

IJTEMA SYLLABUS 2024/25
MAJLIS ATFALUL AHMADIYYA UK



MAJLIS
ATFALUL AHMADIYYA
UNITED KINGDOM

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GENERAL RULES (AGE GROUPS)

- **Your age group for the Local & Regional Ijtema'at is determined by your age on the 1st of November 2024:**
 - For example, if you are 9 years and 9 months old on 1st of November, then you should prepare for the Dianat (7 to 9 years old) age group for the your local & regional ijtema, despite turning 10 before the end of the Atfal year
 - As an exception, those Atfal turning 7 years old during the year can choose to take part in either Amanat (Under 7s) or Dianat (7 to 9s) age group with their respective syllabi.
- **Your age group for the National Ijtema is determined by what age you will be on the day of the National Ijtema i.e. 19th September 2025.**
 - For example, if you are 9 years old on 1st of November 2024, then you should prepare for the Dianat age group for the your local & regional ijtema. However, if you turn 10 before the National Ijtema, then you should prepare for the Sadaqat (10 to 12 years old) age group for the National Ijtema.
- **All competitions are open at the national, regional and local levels for the under 7s age group.** However, not all competitions run at the National Ijtema due to Under 7s department running a separate programme.

GENERAL RULES

- All competitions are open at the national, regional and local levels for the **under 7s** age group. However, not all competitions run at the National Ijtema due to Under 7s department running a separate programme.
- More details on the competitions on offer at the National Ijtema will be shared closer to the Ijtema date. For local and regional Ijtema'at, please contact your local or regional Nazimeen, respectively.
- Please make sure you read all the rules and guidelines correctly. Always feel free to contact your local/regional Nazim Atfal or the national team at Talim@atfal.co.uk for more information.

RULES FOR TILAWAT

- Participants can recite any of the selected portions from the syllabus.
- A recitation from outside the syllabus will get a total mark of zero.
- Marks will be deducted if the Tifl forgets to recite Ta'awwuz or Tasmiyya.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Pronunciation – *Makharij*
 - (b) Tajweed
 - (c) Melody – *Lehan*

TILAWAT

Surah Al-Ikhlâs

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾
لَمْ يَلِدْ ۖ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾ وَرَأَيْتَ النَّاسَ
يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ ۚ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

Surah Al-Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾
فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾ إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿٢﴾ مَلِكِ النَّاسِ ﴿٣﴾
إِلَهِ النَّاسِ ﴿٤﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٥﴾
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ﴿٦﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٧﴾

RULES FOR NAZM

- Any one of the Nazms from the syllabus can be delivered.
- At least three couplets are given for each Nazm, any two must be recited without repetition.
- There will be no additional marks for reciting from memory.
- Reading a Nazm from outside the syllabus will get a total mark of zero.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Quality of Voice
 - (c) Melody – Lehan

NAZM

Qur'an sab se acha – Hazrat Mir Muhammad Ismail Sahib (ra)

قرآن سب سے اچھا۔ حضرت میر محمد اسماعیل صاحبؒ

قرآن دل کی قوت قرآن ہے سہارا	قرآن سب سے اچھا قرآن سب سے پیارا
اُستانی جی پڑھاؤ جلدی مجھے سپارہ	اللہ میاں کا خط ہے جو میرے نام آیا
پھر ترجمہ سکھانا جب پڑھ چکوں میں سارا	پہلے تو ناظرے سے آنکھیں کروں گا روشن

Qur'an sab se acha Qur'an sab se pyara	Qur'an dil ki quwwat Qur'an hai sahara
Allah Mian ka khat hai Jo mere naam aya	Ustani ji parhao Jaldi mujhe sipara
Pehle to naazire se Ankhein karunga roshan	Phir tarjama sikhana Jab parh chakun mein sara

Ausaaf-e-Qur'an-e-Majeed (Noor-e-Furqan) – Durr-e-Sameen

اوصافِ قرآنِ مجید (نورِ فرقان) - درِّ شمین

پاک وہ جس سے یہ انوار کا دریا نکلا	نورِ فرقان ہے جو سب نوروں سے اجلی نکلا
ناگہاں غیب سے یہ چشمہ اصفیٰ نکلا	حق کی توحید کا مرجھائی چلا تھا پودا
جو ضروری تھا وہ سب اس میں مہیا نکلا	یا الہی تیرا فرقان ہے کہ اک عالم ہے

Noor-e-furqaan hai jo sab nooron se ajlaa nikla	Paak wo jis se ye anwaar ka dariaa nikla
Haq ki tauheed ka murjha hi chala tha poda	Nagahan ghaib se ye chashma- e-asfaa nikla
Ya ilahi tera furqaan hai ke ik aalam he	Jo zuroori tha wo sab is mein muhayya nikla

NAZM

Ham Ahmadi Bachay Hain – Master Muhammad Ibrahim Shad

ہم احمدی بچے ہیں۔ ماسٹر محمد ابراہیم شاد

ہم احمدی بچے ہیں کچھ کر کے دکھا دیں گے	شیطان کی حکومت کو دنیا سے مٹا دیں گے
ہم مشرق و مغرب میں وحدت کی صدا دیں گے	دنیاں کو طریقت کا پھر درس سکھا دیں گے
ہر سمت پکاریں گے دنیاں میں نذیر آیا	ہر ایک کو جا جا کر پیغامِ خدا دیں گے

Ham Ahmadi Bachay Hain Kuch Kar Kay Dikha dein gay	Shaitan ki hukumat ko dunya say mita dein gay
Ham mashriq-o-maghrib mein wahdat ki sada dein gay	Dunya ko tariqat ka phir dars sikha dein gay
Har samt pukarein ge dunya mein nazeer aya	Har aik ko jaja kar pegham-e- khuda dein gay

NAZM

Qaseeda: Ya `Aina Faizil Laahi Wal Irfaani– Hazrat Mirza Ghulam Ahmad Qadiani (as), The Promised Messiah (as)

يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ - حضرت مرزا غلام احمد قادياني

يَسْعَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ	يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ
تَهْوِي إِلَيْكَ الزُّمَرُ بِالْكِيْزَانِ	يَا بَحْرَ فَضْلِ الْمُنْعِمِ الْمَنَّانِ
فِي هَذِهِ الدُّنْيَا وَبَعَثِ ثَانِ	يَا رَبِّ صَلِّ عَلَى نَبِيِّكَ دَائِبًا

Ya `aina faizil laahi wal Irfaani	Yas `aa ilaikal Khalku ka-zam-aani
Ya bahra fadlil mun`imil mannani	Tahwee ilaikazzumarul bilkeezaani
Ya rabbi salli `alaa nabiyyika daa-i-man	Fee haazihid dunya waba` sin saani

O you who are the fountain of Allah's beneficence and divine understanding;	People throng towards you like the thirsty rushing towards water.
O you who are the ocean of the Grace of the Benefactor and Bountiful God;	People flock to you with empty cups in their hands.
O my Lord, always shower blessings on your Prophet,	In this world and the next.

RULES FOR PREPARED SPEECH ENGLISH

- The speech must be delivered in English language.
- Any speech delivered in a topic from outside the syllabus will not receive any marks.
- The length of the speech should be no longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, Ahadith and phrases but lengthy Urdu references and couplets are not allowed
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Structure of Argument
 - (b) Content
 - (c) Delivery – *Way of Expression*

PREPARED SPEECH ENGLISH

The topics for Prepared Speech English are:

1. The Holy Qur'an – Casket of Jewels
2. Why is it important to recite the Holy Qur'an?
3. The Holy Qur'an – a Perfect Book
4. Importance of speaking the truth

RULES FOR PREPARED SPEECH URDU

- The speech must be delivered in Urdu language.
- Any speech delivered in a topic from outside the syllabus will not receive any marks.
- The length of the speech should be no longer than 1 minute 30 seconds.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Structure of Argument
 - (b) Content
 - (c) Delivery – *Way of Expression*

PREPARED SPEECH URDU

The topics for Prepared Speech Urdu are:

1. قرآن کریم: جواہرات کی تھیلی
2. قرآن کریم کی تلاوت اہم کیوں ہے
3. قرآن کریم: ایک کامل کتاب
4. سچ بولنے کی اہمیت

RULES FOR AZAAN

- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Judges reserve the right to ask a participant to recite the Azaan for Fajr.
- There will be no marks for hand position.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Quality of Delivery
 - (c) Tune - Lehan.

AZAAN

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

حَيَّ عَلَى الصَّلٰوةِ حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الْفَلَاحِ حَيَّ عَلَى الْفَلَاحِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

لَا اِلَهَ اِلَّا اللّٰهُ

Highlighted section should be read during Fajr prayer only

RULES FOR HIFZ COMPETITION

- There are three Hifz Competitions:
 - Hifz-e-Quran
 - Hifz-e-Ad'iyah
 - Hifz-e-Qasidah
- **These three competitions will be held as separate competitions at National Ijtema.**
- Each participant will be required to answer questions from each of the categories listed above.
- Marks will be awarded according to the different rules for each of the categories listed above. You can see these rules listed below along with the syllabus for each of the categories.
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A participant may take up to 10 seconds before starting their answer.
- **1st, 2nd and 3rd positions will be awarded according to overall score. However, any participant who is able to successfully memorize the syllabus for one category, will receive a prize at National Ijtema.**

RULES FOR HIFZ-E-QURAN

- The judge reserves the right to ask a participant any portion from the Syllabus.
 - The judge will only give the reference to the portion, for example “Recite Surah Al-Ikhlās” or “Recite Surah Al-Bakarah verse 1 till 7”.
 - Giving the first few words of Arabic such as “Recite قُلْ هُوَ اللَّهُ” may be considered as a hint and may result in mark deduction if the judge decides.
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Accuracy
 - (c) Fluency

HIFZ-E-QURAN

Surah Al-Fatihah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿٢﴾
الرَّحْمَنِ الرَّحِيمِ ﴿٣﴾ مَلِكِ يَوْمِ الدِّينِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ
نَسْتَعِينُ ﴿٥﴾ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ﴿٦﴾ صِرَاطَ الَّذِينَ
أَنْعَمْتَ عَلَيْهِمْ ۚ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿٧﴾

HIFZ-E-QURAN

Surah Al-Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾
فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾ إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾ وَرَأَيْتَ النَّاسَ
يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ ۖ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

HIFZ-E-QURAN

Surah Al-Ikhlâs

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾
لَمْ يَلِدْ ۖ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿٢﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٣﴾
وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٤﴾ وَمِنْ شَرِّ النَّفَّاثِ فِي الْعُقَدِ ﴿٥﴾
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٦﴾

Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿٢﴾ مَلِكِ النَّاسِ ﴿٣﴾
إِلَهِ النَّاسِ ﴿٤﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٥﴾
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ﴿٦﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٧﴾

RULES FOR HIFZ-E-AD'IYAH

- The judge reserves the right to ask a participant any prayer and its translation from the Syllabus.
 - The judge will only ask the prayer by giving the title. Asking for the starting words may result in mark deduction. For example, a Tifl may be asked to “Recite the prayer for waking up”
- A participant may take up to 10 seconds before answering.
- Marks will be awarded for:
 - (a) Pronunciation and accuracy of the Arabic

HIFZ-E-AD'IYAH

Before starting any work

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah the most gracious, ever merciful.

Bismillahir rahmaanir raheem

Before eating a meal

بِسْمِ اللَّهِ وَعَلَى بَرَكَاتِهِ

In the name of Allah and with the blessings of Allah

Bismillahi wa ala baraka-tillah

After eating a meal

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ

All prays are due to Allah who fed us, gave us to drink and made us among the Muslims

Al-hamdu lillah-hilla-zi at-ama-na wa saqaana wa ja alana minal muslimmeen

Going to sleep

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

O Allah I die and live calling your name

Allahumma bismika amutu wa ahya

HIFZ-E-AD'IYAH

Special appeal for prayers made by Hazrat Khalifatul Masih V (aba) on 23rd August 2024:

Prayer No. 1

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Holy is Allah and worthy of all praise, Holy is Allah the Great, O Allah bestow Thy blessings upon Muhammad and the people of Muhammad

SubhanAllahi wa bi Hamdihi SubhanAllahil Azeem Allahumma Salli ala Muhammadin wa aali Muhammad

Prayer No. 2

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

I seek forgiveness from Allah, my Lord, for all my sins and turn to Him

Astaghfirullah Rabbi Min Kulli Zanbinwwa Atubu Ilaih

Prayer No. 3

رَبِّ كُلِّ شَيْءٍ خَادِمُكَ رَبِّ فَاحْفَظْنِي وَأَنْصُرْنِي وَارْحَمْنِي

O my Lord everything serves You. So O my Lord, protect me and help me and have mercy on me.

Rabbi Kullu Shay'in Khadimuka

Rabbi Fahfazni Wansurni Warhamni

RULES FOR HIFZ-E-QASIDAH

- The judge reserves the right to ask a participant any portion from the Syllabus.
- A judge will never ask for a couplet by number. A sample question may be "Recite the couplet that starts with **يَا عَيْنَ فَيْضِ اللَّهِ**"
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Accuracy
 - (c) Fluency

HIFZ-E-QASIDAH

The Promised Messiah (as) is reported to have said:

“This Qasidah has been accepted by Allah, and Allah has informed me that whoever memorises this Qasidah and repeats it constantly, such a person’s heart would be granted a deep love for me and for Prophet Muhammad (saw) and I will reward him with nearness to me”

Please find the full Qasidah using the following link:

<https://www.alislam.org/book/commentary-al-qasidah/>

The Syllabus for this age group is:

- To read the introductory pages of the book linked above
- To memorise couplet 1 to 5

RULES FOR PRESENTATION COMPETITION

- This is an open individual competition only running at National level. All Atfal are free to participate in this, but presentations must be submitted before the deadline. Visit the website below for more details:
 - atfal.org.uk/ljtema/talim
- Each individual will be allocated 2 minutes to present.
- Each individual must submit their presentations via email before the deadline.
 - **Submit your presentations in Microsoft Powerpoint format via email to talim@atfal.co.uk**
 - **The deadline for submissions is Sunday 14th September.**
- Please **include** your name, region and age group
- Atfal do not need to bring their electronic devices to present, a laptop will be made available to them.
- The presentation must be based on one of the topics given in the syllabus.
- The marking criteria is as follows:
 - Style of delivery
 - Content & subject matter
 - Pronunciation
 - Presentation (design)

PRESENTATION COMPETITION

The topics for the Presentations are as follows:

- Why I love the Holy Qur'an
- The 5 Pillars of Islam

Make sure to use appropriate functionalities of MS PowerPoint to construct the presentation. Your audience will be other Atfal brothers. There is a strict 2-minute time limit. Be sure to write-up a script.

Use of images and videos must be done with great care. Ask yourself about the necessity and appropriateness of any media shared on the presentation.

For content, consult alislam.org or a local Missionary.

For more questions, please email:

Talim@atfal.co.uk