

SADAQAT

[10-12]

IJTEMA SYLLABUS 2024/25
MAJLIS ATFALUL AHMADIYYA UK



MAJLIS
ATFALUL AHMADIYYA
UNITED KINGDOM

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GENERAL RULES (AGE GROUPS)

- Your age group for the Local & Regional Ijtema'at is determined by your age on the 1st of November 2024:
 - For example, if you are 9 years and 9 months old on 1st of November, then you should prepare for the Dianat (7 to 9 years old) age group for the your local & regional ijtema, despite turning 10 before the end of the Atfal year
 - As an exception, those Atfal turning 7 years old during the year can choose to take part in either Amanat (Under 7s) or Dianat (7 to 9s) age group with their respective syllabi.
- Your age group for the National Ijtema is determined by what age you will be on the day of the National Ijtema i.e. 19th September 2025.
 - For example, if you are 9 years old on 1st of November 2024, then you should prepare for the Dianat age group for the your local & regional ijtema. However, if you turn 10 before the National Ijtema, then you should prepare for the Sadaqat (10 to 12 years old) age group for the National Ijtema.
- All competitions are open at the national, regional and local levels for the under 7s age group. However, not all competitions run at the National Ijtema due to Under 7s department running a separate programme.

GENERAL RULES (AGE GROUPS)

- All Atfal can take part in all competitions at local and regional Ijtema'at. There are no closed competitions at local and regional Ijtema'at. Closed competitions only apply for the National Atfal Ijtema.
- Only the following competitions at the National Ijtema are closed:
 - Tilawat
 - Nazm
 - Prepared Speech English
- All other competitions are open for Atfal at local, regional and national level.
- Being "closed" means that only the following Atfal will be allowed to take part in these three competitions:

1. Those Atfal who have achieved 1st, 2nd or 3rd at Regional Ijtema in any of the three closed competitions.
2. Those Atfal who do not get achieve top 3 at their regional Ijtema'at will be able to submit recordings of them reciting portions from the competition they want to be considered for. The National team will try and accommodate for as many as possible.

Submit your recordings to talim@atfal.co.uk before the **7th of September**.

More information is available at www.atfal.org.uk/ijtema

Note: If you achieved a position at the Regional Ijtema in a younger age group but have now moved on to an older age group for National Ijtema, you will qualify for the older age group competition.

E.g. A Tifl was in Dianat group (7-9) for the Regional Ijtema and achieved 1st in Tilawat. If he turns 10 years old before National Ijtema, he will qualify for Sadaqat group (10-12)

RULES FOR TILAWAT

- This is a closed competition for the National Ijtema. All Atfal can take part in this at local and regional Ijtema'at. Please consult page 4 of this booklet or see the Ijtema website for more details:
 - atfal.org.uk/Ijtema/talim
- Participants can recite any of the selected portions from the syllabus.
- A recitation from outside the syllabus will get a total mark of zero.
- Marks will be deducted if the Tifl forgets to recite Ta'awwuz or Tasmiyya.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Pronunciation – *Makharij*
 - (b) Tajweed
 - (c) Melody – *Lehan*

TILAWAT

Surah Al-Baqara, Chapter 2, Verses 1-6

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾
 أَلَمْ يَكُنْ لَهُ الْكِتَابُ لَا رَيْبَ ۚ فِيهِ ۚ هُدًى لِّلْمُتَّقِينَ ﴿٢﴾
 الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ ﴿٣﴾ وَالَّذِينَ
 يُؤْمِنُونَ بِمَا أُنزِلَ إِلَيْكَ وَمَا أُنزِلَ مِن قَبْلِكَ ۚ وَبِالْآخِرَةِ هُمْ يُوقِنُونَ ﴿٤﴾ أُولَٰئِكَ عَلَىٰ
 هُدًى مِّن رَّبِّهِمْ ۚ وَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ ﴿٥﴾

Surah Bani Isra'il, Chapter 17, Verses 79-82

أَقِمِ الصَّلَاةَ لِذُلُوكِ الشَّمْسِ إِلَىٰ غَسَقِ اللَّيْلِ وَقُرْآنَ الْفَجْرِ ۖ إِنَّ قُرْآنَ الْفَجْرِ كَانَ
 مَشْهُودًا ﴿٧٩﴾ وَمِنَ اللَّيْلِ فَتَهَجَّدْ بِهِ نَافِلَةً لَّكَ ۚ عَسَىٰ أَن يَبْعَثَكَ رَبُّكَ مَقَامًا
 مَّحْشُودًا ﴿٨٠﴾ وَقُلْ رَبِّ أَدْخِلْنِي مُدْخَلَ صِدْقٍ وَأَخْرِجْنِي مُخْرَجَ صِدْقٍ وَاجْعَلْ لِّي مِنْ
 لَّدُنكَ سُلْطَانًا نَّصِيرًا ﴿٨١﴾ وَقُلْ جَاءَ الْحَقُّ وَزَهَقَ الْبَاطِلُ ۚ إِنَّ الْبَاطِلَ كَانَ زَهُوقًا ﴿٨٢﴾

TILAWAT

Surah Luqman, Chapter 31

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾

الَمْ ﴿٢﴾ تِلْكَ آيَةُ الْكِتَابِ الْحَكِيمِ ﴿٣﴾ هُدًى وَرَحْمَةً لِلْحَسَنِينَ ﴿٤﴾

الَّذِينَ يُقِيمُونَ الصَّلَاةَ وَيُؤْتُونَ الزَّكَاةَ وَهُمْ بِالْآخِرَةِ هُمْ يُوقِنُونَ ﴿٥﴾

أُولَئِكَ عَلَى هُدًى مِّن رَّبِّهِمْ وَأُولَئِكَ هُمُ الْمُفْلِحُونَ ﴿٦﴾

RULES FOR NAZM

- This is a closed competition for the National Ijtema. All Atfal can take part in this at local and regional Ijtema'at. Please consult page 4 of this booklet or see the Ijtema website for more details:
 - atfal.org.uk/Ijtema/talim
- Any one of the Nazms from the syllabus can be delivered.
- At least three couplets are given for each Nazm, any two must be recited without repetition.
- There will be no additional marks for reciting from memory.
- Reading a Nazm from outside the syllabus will get a total mark of zero.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Quality of Voice
 - (c) Melody – Lehan

Ausaaf-e-Qur'an-e-Majeed (Noor-e-Furqan) – Durr-e-Sameen

اوصافِ قرآنِ مجید (نورِ فرقان) - درِّ شمین

پاک وہ جس سے یہ انوار کا دریا نکلا	نورِ فرقان ہے جو سب نوروں سے اجلی نکلا
ناگہاں غیب سے یہ چشمہ اصفیٰ نکلا	حق کی توحید کا مرجھائی چلا تھا پودا
جو ضروری تھا وہ سب اس میں مہیا نکلا	یا الہی تیرا فرقان ہے کہ اک عالم ہے

Noor-e-furqaan hai jo sab nooron se ajlaa nikla	Paak wo jis se ye anwaar ka dariaa nikla
Haq ki tauheed ka murjha hi chala tha poda	Nagahan ghaib se ye chashma- e-asfaa nikla
Ya ilahi tera furqaan hai ke ik aalam he	Jo zuroori tha wo sab is mein muhayya nikla

Fazail-e-Qur'an-e-Majeed (Jamaal-o-Husn-e-Qur'an) – Durr-e-Sameen

فضائل قرآن مجید (جمال و حسن قرآن) - درّ ثمین

جمال و حُسنِ قرآن نورِ جانِ ہر مُسلمان ہے	قمر ہے چاند آوروں کا، ہمارا چاند قرآن ہے
نظیر اُس کی نہیں جہتی نظر میں فکر کر دیکھا	بھلا کیونکر نہ ہو یکتا کلامِ پاک رحماں ہے
بہارِ جاوداں پیدا ہے اُس کی ہر عبارت میں	نہ وہ خوبی چمن میں ہے نہ اُس سا کوئی بُستاں ہے

Jamal-o-husn-e-Quran noor-e-jaan-e-har musalmaan he	Qamar he chaand auron ka, hamara chand Quran he
Nazeer us ki nahin jamti nazar mein fikr kar dekha	Bhala kyonkar na ho yakta kalam-e-paak rahmaan he
Bahaar-e-jaa widaan paida he us ki har ibaatat mein	Na wo khoobi chaman mein he na us sa koi bustan he

NAZM

Qaseeda: Ya `Aina Faizil Laahi Wal Irfaani– Hazrat Mirza Ghulam Ahmad Qadiani (as), The Promised Messiah (as)

يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ - حضرت مرزا غلام احمد قادياني

يَسْعَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ	يَا عَيْنَ فَيْضِ اللَّهِ وَالْعِرْفَانِ
تَهْوِي إِلَيْكَ الزُّمَرُ بِالْكِيْزَانِ	يَا بَحْرَ فَضْلِ الْمُنْعِمِ الْمَنَّانِ
فِي هَذِهِ الدُّنْيَا وَبَعَثِ ثَانِ	يَا رَبِّ صَلِّ عَلَى نَبِيِّكَ دَائِبًا

Ya `aina faizil laahi wal Irfaani	Yas `aa ilaikal Khalku ka-zam-aani
Ya bahra fadlil mun`imil mannani	Tahwee ilaikazzumaru bilkeezaani
Ya rabbi salli `alaa nabiyyika daa- i-man	Fee haazihid dunya waba' sin saani

O you who are the fountain of Allah's beneficence and divine understanding;	People throng towards you like the thirsty rushing towards water.
O you who are the ocean of the Grace of the Benefactor and Bountiful God;	People flock to you with empty cups in their hands.
O my Lord, always shower blessings on your Prophet,	In this world and the next.

RULES FOR PREPARED SPEECH ENGLISH

- This is a closed competition for the National Ijtema. All Atfal can take part in this at local and regional Ijtema'at. Please consult page 4 of this booklet or see the Ijtema website for more details:
 - atfal.org.uk/Ijtema/talim
- The speech must be delivered in English language.
- Any speech delivered in a topic from outside the syllabus will not receive any marks.
- The length of the speech should be no longer than 1 minute 30 seconds.
- The speech can contain Arabic verses, Ahadith and phrases but Urdu lengthy references and couplets are not allowed
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Structure of Argument
 - (b) Content
 - (c) Delivery – *Way of Expression*

PREPARED SPEECH ENGLISH

The topics for Prepared Speech English are:

1. The Holy Qur'an: Casket of Jewels
2. Prophecies of the Holy Qur'an
3. The Holy Qur'an – a Perfect Book
4. Ahmadi youth – guardians of truth

RULES FOR PREPARED SPEECH URDU

- This is an open competition. All Atfal are free to participate in this at local, regional and National Ijtema regardless.
 - atfal.org.uk/Ijtema/talim
- The speech must be delivered in Urdu language.
- Any speech delivered in a topic from outside the syllabus will not receive any marks.
- The length of the speech should be no longer than 1 minute 30 seconds.
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Marks will be awarded for:
 - (a) Structure of Argument
 - (b) Content
 - (c) Delivery – *Way of Expression*

PREPARED SPEECH URDU

The topics for Prepared Speech Urdu are:

1. قرآن کریم: جواہرات کی تھیلی
2. قرآن کریم کی پیشگوئیاں
3. قرآن کریم: ایک کامل کتاب
4. احمدی نوجوان سچائی کے محافظ

RULES FOR AZAAN

- This is an open competition. All Atfal are free to participate in this at local, regional and National Ijtema regardless.
 - atfal.org.uk/Ijtema/talim
- There will be no additional marks for reciting from memory.
- Judges reserve the right to stop a participant at any point.
- Judges reserve the right to ask a participant to recite the Azaan for Fajr.
- There will be no marks for hand position.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Quality of Delivery
 - (c) Tune - Lehan.

AZAAN

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا اللّٰهُ

اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ اَشْهَدُ اَنَّ مُحَمَّدًا رَّسُوْلُ اللّٰهِ

حَيَّ عَلَى الصَّلٰوةِ حَيَّ عَلَى الصَّلٰوةِ

حَيَّ عَلَى الْفَلَاحِ حَيَّ عَلَى الْفَلَاحِ

اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ اَلصَّلٰوةُ خَيْرٌ مِّنَ النَّوْمِ

اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

لَا اِلَهَ اِلَّا اللّٰهُ

Highlighted section should be read during Fajr prayer only

RULES FOR HIFZ COMPETITION

- There are four Hifz Competitions:
 - Hifz-e-Quran
 - Hifz-e-Ad'iyah
 - Hifz-e-Qasidah
 - Hifz-e-Ahadith
- **These four competitions will be held as separate competitions at National Ijtema.**
- Each participant will be required to answer questions from each of the categories listed above.
- Marks will be awarded according to the different rules for each of the categories listed above. You can see these rules listed below along with the syllabus for each of the categories.
- The judge reserves the right to ask a participant any portion from the Syllabus.
- A participant may take up to 10 seconds before starting their answer.
- **1st, 2nd and 3rd positions will be awarded according to overall score. However, any participant who is able to successfully memorize the syllabus for one category, will receive a prize at National Ijtema.**

RULES FOR HIFZ-E-QURAN

- The judge reserves the right to ask a participant any portion from the Syllabus.
 - The judge will only give the reference to the portion, for example “Recite Surah Al-Ikhlas” or “Recite Surah Al-Bakarah verse 1 till 7”.
 - Giving the first few words of Arabic such as “Recite قُلْ هُوَ اللَّهُ” may be considered as a hint and may result in mark deduction if the judge decides.
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Accuracy
 - (c) Fluency

HIFZ-E-QURAN

Surah Al-Fatihah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿٢﴾
الرَّحْمَنِ الرَّحِيمِ ﴿٣﴾ مَلِكِ يَوْمِ الدِّينِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ
نَسْتَعِينُ ﴿٥﴾ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ﴿٦﴾ صِرَاطَ الَّذِينَ
أَنْعَمْتَ عَلَيْهِمْ ۚ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿٧﴾

HIFZ-E-QURAN

Surah Al-Baqarah, First 17 Verses

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلَمْ يَكُنْ لَكَ الْكِتَابُ لَا رَيْبَ ۚ فِيهِ ۚ هُدًى
 لِلْمُتَّقِينَ ﴿٢﴾ الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ ﴿٣﴾
 وَالَّذِينَ يُؤْمِنُونَ بِمَا أُنْزِلَ إِلَيْكَ وَمَا أُنْزِلَ مِنْ قَبْلِكَ ۚ وَبِالْآخِرَةِ هُمْ يُوقِنُونَ ﴿٤﴾
 أُولَٰئِكَ عَلَىٰ هُدًى مِنْ رَبِّهِمْ ۚ وَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ ﴿٥﴾ إِنَّ الَّذِينَ كَفَرُوا سَوَاءٌ عَلَيْهِمْ
 ءَأَنْذَرْتَهُمْ أَمْ لَمْ تُنْذِرْهُمْ لَا يُؤْمِنُونَ ﴿٦﴾ خَتَمَ اللَّهُ عَلَىٰ قُلُوبِهِمْ وَعَلَىٰ سَمْعِهِمْ ۖ وَعَلَىٰ
 أَبْصَارِهِمْ غِشَاوَةٌ ۖ وَلَهُمْ عَذَابٌ عَظِيمٌ ﴿٧﴾ وَمَنْ النَّاسُ مَنْ يَقُولُ آمَنَّا بِاللَّهِ وَبِالْيَوْمِ
 الْآخِرِ وَمَا هُمْ بِبُؤْمِنِينَ ﴿٨﴾ يُخَدِّعُونَ اللَّهَ وَالَّذِينَ آمَنُوا ۚ وَمَا يَخْدَعُونَ إِلَّا أَنْفُسَهُمْ
 وَمَا يَشْعُرُونَ ﴿٩﴾ فِي قُلُوبِهِمْ مَرَضٌ ۖ فَزَادَهُمُ اللَّهُ مَرَضًا ۚ وَلَهُمْ عَذَابٌ أَلِيمٌ ﴿١٠﴾ بِمَا كَانُوا
 يَكْذِبُونَ ﴿١١﴾ وَإِذَا قِيلَ لَهُمْ لَا تُفْسِدُوا فِي الْأَرْضِ ۚ قَالُوا إِنَّمَا نَحْنُ مُصْلِحُونَ ﴿١٢﴾
 إِلَّا إِنَّهُمْ هُمُ الْمُفْسِدُونَ وَلَكِنْ لَا يَشْعُرُونَ ﴿١٣﴾ وَإِذَا قِيلَ لَهُمْ امْنُوا كَمَا آمَنَ النَّاسُ
 قَالُوا أَنْتُمْ كَمَا آمَنَ السُّفَهَاءُ ۗ أَلَا إِنَّهُمْ هُمُ السُّفَهَاءُ وَلَكِنْ لَا يَعْلَمُونَ ﴿١٤﴾
 وَإِذَا قَالُوا الَّذِينَ آمَنُوا قَالُوا آمَنَّا ۚ وَإِذَا خَلَوْا إِلَىٰ شُيَاطِينِهِمْ قَالُوا إِنَّا مَعَكُمْ إِنَّمَا
 نَحْنُ مُسْتَهْزَءُونَ ﴿١٥﴾ اللَّهُ يَسْتَهْزِئُ بِهِمْ وَيَمُدُّهُمْ فِي طُغْيَانِهِمْ يَعْمَهُونَ ﴿١٦﴾ أُولَٰئِكَ
 الَّذِينَ اشْتَرُوا الضَّلَالَةَ بِالْهُدَىٰ ۖ فَمَا رَبَحَتِ تِجَارَتُهُمْ وَمَا كَانُوا مُهْتَدِينَ ﴿١٧﴾

HIFZ-E-QURAN

Surah Al-Balad

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ لَا أُقْسِمُ بِهَذَا الْبَلَدِ ﴿٢﴾ وَأَنْتَ حِلٌّ بِهَذَا الْبَلَدِ ﴿٣﴾
 وَوَالِدٍ وَمَا وَلَدَ ﴿٤﴾ لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي كَبَدٍ ﴿٥﴾ أَيَحْسَبُ أَنْ لَنْ يَقْدِرَ عَلَيْهِ أَحَدٌ ﴿٦﴾
 يَقُولُ أَهْلَكْتُ مَالًا لُبَدًا ﴿٧﴾ أَيَحْسَبُ أَنْ لَمْ يَرَهُ أَحَدٌ ﴿٨﴾ أَلَمْ نَجْعَلْ لَهُ عَيْنَيْنِ ﴿٩﴾
 وَلِسَانًا وَشَفَتَيْنِ ﴿١٠﴾ وَهَدَيْنَاهُ النَّجْدَيْنِ ﴿١١﴾ فَلَا اقْتَحَمَ الْعَقَبَةَ ﴿١٢﴾ وَمَا أَدْرَاكَ مَا الْعَقَبَةُ ﴿١٣﴾
 فَكُّ رَقَبَةٍ ﴿١٤﴾ أَوْ اطْعَمٌ فِي يَوْمٍ ذِي مَسْغَبَةٍ ﴿١٥﴾ يَتَّبِعُنَا ذَا مَقْرَبَةٍ ﴿١٦﴾ أَوْ مِسْكِينًا ذَا مَتْرَبَةٍ ﴿١٧﴾ ثُمَّ كَانَ
 مِنَ الَّذِينَ آمَنُوا وَتَوَاصَوْا بِالصَّبْرِ وَتَوَاصَوْا بِالْمَرْحَةِ ﴿١٨﴾ أُولَئِكَ أَصْحَابُ الْمَيْمَنَةِ ﴿١٩﴾ وَالَّذِينَ كَفَرُوا
 بَايَعْنَاهُمْ أَصْحَابُ الْمَشْأَةِ ﴿٢٠﴾ عَلَيْهِمْ نَارٌ مُؤَصَّدَةٌ ﴿٢١﴾

Surah Ash-Shams

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالشَّمْسُ وَضُحَاهَا ﴿٢﴾ وَالْقَمَرُ إِذَا تَلَّهَا ﴿٣﴾ وَالنَّهَارُ إِذَا جَلَّهَا ﴿٤﴾
 وَاللَّيْلُ إِذَا يَغْشَاهَا ﴿٥﴾ وَالسَّيَاءُ وَمَا بَنَاهَا ﴿٦﴾ وَالْأَرْضُ وَمَا طَحَاهَا ﴿٧﴾ وَنَفْسٍ وَمَا سَوَّاهَا ﴿٨﴾ فَأَلْهَمَهَا
 فُجُورَهَا وَتَقْوَاهَا ﴿٩﴾ قَدْ أَفْلَحَ مَنْ زَكَّاهَا ﴿١٠﴾ وَقَدْ خَابَ مَنْ دَسَّاهَا ﴿١١﴾ كَذَّبَتْ ثَمُودُ بِطَغْوَاهَا ﴿١٢﴾
 إِذِ انْبَعَثَ أَشْقَاهَا ﴿١٣﴾ فَقَالَ لَهُمْ رَسُولُ اللَّهِ نَاقَةَ اللَّهِ وَسُقْيَاهَا ﴿١٤﴾ فَكَذَّبُوهُ فَعَقَرُوهَا ﴿١٥﴾ فَدَمْدَمَ
 عَلَيْهِمْ رَبُّهُمْ بِذُنُوبِهِمْ فَسَوَّاهَا ﴿١٦﴾ وَلَا يَخَافُ عُقْبَاهَا ﴿١٧﴾

HIFZ-E-QURAN

Surah Al-Lail

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالَّيْلِ إِذَا يَغْشَى ﴿٢﴾ وَالنَّهَارِ إِذَا تَجَلَّى ﴿٣﴾ وَمَا خَلَقَ الذَّكَرَ وَالْأُنثَى ﴿٤﴾
 إِنَّ سَعْيَكُمْ لَشَتَّى ﴿٥﴾ فَأَمَّا مَنْ أَعْطَى وَاتَّقَى ﴿٦﴾ وَصَدَّقَ بِالْحُسْنَى ﴿٧﴾ فَسَنِيْسَهُ لِلْيُسْرَى ﴿٨﴾ وَأَمَّا مَنْ
 بَخِلَ وَاسْتَغْنَى ﴿٩﴾ وَكَذَّبَ بِالْحُسْنَى ﴿١٠﴾ فَسَنِيْسَهُ لِلْعُسْرَى ﴿١١﴾ وَمَا يُغْنِي عَنْهُ مَالُهُ إِذَا تَرَدَّى ﴿١٢﴾
 إِنَّ عَلَيْنَا لَلْهُدَى ﴿١٣﴾ وَإِنَّ لَنَا لَلْآخِرَةَ وَالْأُولَى ﴿١٤﴾ فَأَنْذَرْتُكُمْ نَارًا تَلَظَّى ﴿١٥﴾ لَا يَصْلَاهَا إِلَّا الْأَشْقَى ﴿١٦﴾
 الَّذِي كَذَّبَ وَتَوَلَّى ﴿١٧﴾ وَسَيُجَنَّبُهَا الْأَتْقَى ﴿١٨﴾ الَّذِي يُؤْتِي مَالَهُ يَتَزَكَّى ﴿١٩﴾ وَمَا لِأَحَدٍ عِنْدَهُ مِنْ نِعْمَةٍ
 تُجْزَى ﴿٢٠﴾ إِلَّا ابْتِغَاءَ وَجْهِ رَبِّهِ الْأَعْلَى ﴿٢١﴾ وَلَسَوْفَ يَرْضَى ﴿٢٢﴾

Surah Ad-Duha

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالضُّحَى ﴿٢﴾ وَالَّيْلِ إِذَا سَجَى ﴿٣﴾ مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَى ﴿٤﴾
 لَكَ مِنَ الْأُولى ﴿٥﴾ وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَى ﴿٦﴾ أَلَمْ يَجِدْكَ يَتِيمًا فَآوَى ﴿٧﴾ وَوَجَدَكَ ضَالًّا
 فَهَدَى ﴿٨﴾ وَوَجَدَكَ عَائِلًا فَأَغْنَى ﴿٩﴾ فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ ﴿١٠﴾ وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ ﴿١١﴾ وَأَمَّا بِنِعْمَةِ
 رَبِّكَ فَحَدِّثْ ﴿١٢﴾

Surah Al-Inshirah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ ﴿٢﴾ وَوَضَعْنَا عَنكَ وِزْرَكَ ﴿٣﴾
 الَّذِي أَنْقَضَ ظَهْرَكَ ﴿٤﴾ وَرَفَعْنَا لَكَ ذِكْرَكَ ﴿٥﴾ فَإِنَّ مَعَ الْعُسْرِ يُسْرًا ﴿٦﴾ إِنَّ مَعَ الْعُسْرِ يُسْرًا ﴿٧﴾ فَإِذَا فَرَغْتَ فَانصَبْ ﴿٨﴾
 وَإِلَىٰ رَبِّكَ فَارْغَبْ ﴿٩﴾

HIFZ-E-QURAN

Surah At-Tin

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالتِّينِ وَالزَّيْتُونِ ﴿٢﴾ وَطُورِ سِينِينَ ﴿٣﴾ وَهَٰذَا الْبَلَدِ
 الْأَمِينِ ﴿٤﴾ لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي أَحْسَنِ تَقْوِيمٍ ﴿٥﴾ ثُمَّ رَدَدْنَاهُ أَسْفَلَ سَافِلِينَ ﴿٦﴾
 إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ فَلَهُمْ أَجْرٌ غَيْرُ مَمْنُونٍ ﴿٧﴾ فَمَا يُكَذِّبُكَ بَعْدُ
 بِالذِّكْرِ ﴿٨﴾ أَلَيْسَ اللَّهُ بِأَحْكَمِ الْحَاكِمِينَ ﴿٩﴾

Surah Al-'Alaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ اقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ ﴿٢﴾ خَلَقَ الْإِنْسَانَ مِنْ
 عَلَقٍ ﴿٣﴾ اقْرَأْ وَرَبُّكَ الْأَكْرَمُ ﴿٤﴾ الَّذِي عَلَّمَ بِالْقَلَمِ ﴿٥﴾ عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ ﴿٦﴾
 كَلَّا إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنَافٍ ﴿٧﴾ أَنْ رَأَاهُ اسْتَعْجَلْنِي ﴿٨﴾ إِنَّ إِلَىٰ رَبِّكَ الرُّجْعَىٰ ﴿٩﴾ أَرَأَيْتَ الَّذِي
 يَنْهَىٰ ﴿١٠﴾ عَبْدًا إِذَا صَلَّىٰ ﴿١١﴾ أَرَأَيْتَ إِنْ كَانَ عَلَى الْهُدَىٰ ﴿١٢﴾ أَوْ أَمَرَ بِالتَّقْوَىٰ ﴿١٣﴾
 أَرَأَيْتَ إِنْ كَذَّبَ وَتَوَلَّىٰ ﴿١٤﴾ أَلَمْ يَعْلَمْ بِأَنَّ اللَّهَ يَرَىٰ ﴿١٥﴾ كَلَّا لَئِنْ لَّمْ يَنْتَهِ ﴿١٦﴾ لَنَسْفَعًا
 بِالنَّاصِيَةِ ﴿١٧﴾ نَاصِيَةٍ كَاذِبَةٍ خَاطِئَةٍ ﴿١٨﴾ فَلْيَدْعُ نَادِيَهُ ﴿١٩﴾ سَنَدْعُ الزَّبَانِيَةَ ﴿٢٠﴾
 كَلَّا ۖ لَا تَطْعُهُ ۖ وَاسْجُدْ وَاقْتَرِبْ ۖ ﴿٢١﴾

HIFZ-E-QURAN

Surah Al-Qadr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ ﴿٢﴾ وَمَا أَدْرَاكَ مَا لَيْلَةُ
الْقَدْرِ ﴿٣﴾ لَيْلَةُ الْقَدْرِ ﴿٤﴾ خَيْرٌ مِنْ أَلْفِ شَهْرٍ ﴿٥﴾ تَنْزِيلُ الْكِتَابِ وَالرُّوحُ فِيهَا يَأْذُنُ
رَبِّهِمْ مِنْ كُلِّ أَمْرِ ﴿٦﴾ سَلَامٌ هِيَ حَتَّى مَطْلَعِ الْفَجْرِ ﴿٧﴾

Surah Al-Bayyinah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ لَمْ يَكُنِ الَّذِينَ كَفَرُوا مِنْ أَهْلِ الْكِتَابِ وَالْمُشْرِكِينَ
مُنْفَكِينَ حَتَّى تَأْتِيَهُمُ الْبَيِّنَةُ ﴿٢﴾ رَسُولٌ مِنَ اللَّهِ يَتْلُوا صُحُفًا مُطَهَّرَةً ﴿٣﴾ فِيهَا
كُتِبَ قَيِّمَةٌ ﴿٤﴾ وَمَا تَفَرَّقَ الَّذِينَ أُوتُوا الْكِتَابَ إِلَّا مِنْ بَعْدِ مَا جَاءَتْهُمْ الْبَيِّنَةُ ﴿٥﴾
وَمَا أَمَرُوا إِلَّا لِيَعْبُدُوا اللَّهَ مُخْلِصِينَ لَهُ الدِّينَ ﴿٦﴾ حُنَفَاءَ وَيُقِيمُوا الصَّلَاةَ وَيُؤْتُوا
الزَّكَاةَ وَذَلِكَ دِينُ الْقَيِّمَةِ ﴿٧﴾ إِنَّ الَّذِينَ كَفَرُوا مِنْ أَهْلِ الْكِتَابِ وَالْمُشْرِكِينَ فِي نَارِ
جَهَنَّمَ خَالِدِينَ فِيهَا أُولَئِكَ هُمْ شَرُّ الْبَرِيَّةِ ﴿٨﴾ إِنَّ الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ
أُولَئِكَ هُمْ خَيْرُ الْبَرِيَّةِ ﴿٩﴾ جَزَاءُهُمْ عِنْدَ رَبِّهِمْ جَنَّاتُ عَدْنٍ تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ
خَالِدِينَ فِيهَا أَبَدًا ﴿١٠﴾ رَضِيَ اللَّهُ عَنْهُمْ وَرَضُوا عَنْهُ ﴿١١﴾ ذَلِكَ لِمَنْ خَشِيَ رَبَّهُ ﴿١٢﴾

HIFZ-E-QURAN

Surah Az-Zilzal

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا زُلْزِلَتِ الْأَرْضُ زِلْزَالَهَا ﴿٢﴾ وَأَخْرَجَتِ الْأَرْضُ
 أَثْقَالَهَا ﴿٣﴾ وَقَالَ الْإِنْسَانُ مَا لَهَا ﴿٤﴾ يَوْمَئِذٍ تُحَدِّثُ أَخْبَارَهَا ﴿٥﴾ بِأَنَّ رَبَّكَ أَوْحَى
 لَهَا ﴿٦﴾ يَوْمَئِذٍ يَصْدُرُ النَّاسُ أَشْتَاتًا ﴿٧﴾ لِيُرَوْا أَعْمَالَهُمْ ﴿٨﴾ فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا
 يَرَهُ ﴿٩﴾ وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ شَرًّا يَرَهُ ﴿١٠﴾

Surah Al-`Adiyat

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعِدْيَتِ ضَبْحًا ﴿٢﴾ فَالْمُورِيَّتِ قَدْحًا ﴿٣﴾ فَالْبُغَيْرَتِ
 ضَبْحًا ﴿٤﴾ فَاتَّزَنَ بِهِ نَقْعًا ﴿٥﴾ فَوَسَطْنَ بِهِ جَمْعًا ﴿٦﴾ إِنَّ الْإِنْسَانَ لِرَبِّهِ لَكَنُودٌ ﴿٧﴾ وَإِنَّهُ عَلَى
 ذَلِكَ لَشَهِيدٌ ﴿٨﴾ وَإِنَّهُ لِحُبِّ الْخَيْرِ لَشَدِيدٌ ﴿٩﴾ أَفَلَا يَعْلَمُ إِذَا بُعْثِرَ مَا فِي الْقُبُورِ ﴿١٠﴾
 وَحُصِّلَ مَا فِي الصُّدُورِ ﴿١١﴾ إِنَّ رَبَّهُمْ بِهِمْ يَوْمَئِذٍ لَخَبِيرٌ ﴿١٢﴾

Surah Al-Qari`ah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ الْقَارِعَةُ ﴿٢﴾ مَا الْقَارِعَةُ ﴿٣﴾ وَمَا أَذْرَكَ مَا الْقَارِعَةُ ﴿٤﴾
 يَوْمَ يَكُونُ النَّاسُ كَالْفَرَاشِ الْمَبْثُوثِ ﴿٥﴾ وَتَكُونُ الْجِبَالُ كَالْعِهْنِ الْمَنْفُوشِ ﴿٦﴾ فَأَمَّا
 مَنْ ثَقُلَتْ مَوَازِينُهُ ﴿٧﴾ فَهُوَ فِي عِيشَةٍ رَاضِيَةٍ ﴿٨﴾ وَأَمَّا مَنْ خَفَّتْ مَوَازِينُهُ ﴿٩﴾ فَأَمَّهُ
 هَاوِيَةٌ ﴿١٠﴾ وَمَا أَذْرَكَ مَا هِيَ ﴿١١﴾ نَارٌ حَامِيَةٌ ﴿١٢﴾

HIFZ-E-QURAN

Surah At-Takathur

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلْهَكُمُ التَّكَاثُرُ ﴿٢﴾ حَتَّىٰ زُرْتُمُ الْمَقَابِرَ ﴿٣﴾ كَلَّا سَوْفَ
تَعْلَمُونَ ﴿٤﴾ ثُمَّ كَلَّا سَوْفَ تَعْلَمُونَ ﴿٥﴾ كَلَّا لَوْ تَعْلَمُونَ عِلْمَ الْيَقِينِ ﴿٦﴾ لَتَرَوُنَّ
الْجَحِيمَ ﴿٧﴾ ثُمَّ لَتَرَوُنَّهَا عَيْنَ الْيَقِينِ ﴿٨﴾ ثُمَّ لَتَسْأَلَنَّ يَوْمَئِذٍ عَنِ النَّعِيمِ ﴿٩﴾

Surah Al-`Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَالْعَصْرِ ﴿٢﴾ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ﴿٣﴾ إِلَّا الَّذِينَ آمَنُوا
وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ ﴿٤﴾ وَتَوَاصَوْا بِالصَّبْرِ ﴿٥﴾

Surah Al-Humazah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ وَيْلٌ لِّكُلِّ هُمَزَةٍ لُّمَزَةٍ ﴿٢﴾ الَّذِي جَمَعَ مَالًا وَ
عَدَدَهُ ﴿٣﴾ يَحْسَبُ أَنَّ مَالَهُ أَخْلَدَهُ ﴿٤﴾ كَلَّا لَيُنْبَذَنَّ فِي الْحُطَّةِ ﴿٥﴾ وَمَا أَذْرَكَ مَا
الْحُطَّةُ ﴿٦﴾ نَارُ اللَّهِ الْمَوْقَدَةُ ﴿٧﴾ الَّتِي تَطَّلِعُ عَلَى الْآفِئَةِ ﴿٨﴾ إِنَّهَا عَلَيْهِمْ
مُؤَصَّدَةٌ ﴿٩﴾ فِي عَمَدٍ مُّمَدَّدَةٍ ﴿١٠﴾

HIFZ-E-QURAN

Surah Al-Fil

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِأَصْحَابِ الْفِيلِ ﴿٢﴾

أَلَمْ يَجْعَلْ كَيْدَهُمْ فِي تَضْلِيلٍ ﴿٣﴾ وَأَرْسَلَ عَلَيْهِمْ طَيْرًا أَبَابِيلَ ﴿٤﴾

تَرْمِيهِمْ بِحِجَارَةٍ مِّن سِجِّيلٍ ﴿٥﴾ فَجَعَلَهُمْ كَعَصْفٍ مَّأْكُولٍ ﴿٦﴾

Surah Quraish

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ لِأَيْلَفٍ قُرَيْشٍ ﴿٢﴾

الْفِهِمُ رِحْلَةَ الشِّتَاءِ وَالصَّيْفِ ﴿٣﴾ فَلْيَعْبُدُوا رَبَّ هَذَا الْبَيْتِ ﴿٤﴾

الَّذِي أَطْعَمَهُم مِّن جُوعٍ ﴿٥﴾ وَأَمَنَهُم مِّن خَوْفٍ ﴿٦﴾

Surah Al-Ma'un

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ أَرَأَيْتَ الَّذِي يُكَذِّبُ بِالْإِيمَانِ ﴿٢﴾

فَذَلِكَ الَّذِي يَدْعُ الْيَتِيمَ ﴿٣﴾ وَلَا يَحْضُ عَلَى طَعَامِ الْبُسْكِينِ ﴿٤﴾

فَوَيْلٌ لِلْمُصَلِّينَ ﴿٥﴾ الَّذِينَ هُمْ عَنْ صَلَاتِهِمْ سَاهُونَ ﴿٦﴾

الَّذِينَ هُمْ يُرْآءُونَ ﴿٧﴾ وَيَتَنَعَوْنَ الْبَاعُونَ ﴿٨﴾

HIFZ-E-QURAN

Surah Al-Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾
فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾ إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

Surah Al-Kafirun

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ يَا أَيُّهَا الْكَافِرُونَ ﴿٢﴾ لَا أَعْبُدُ مَا تَعْبُدُونَ ﴿٣﴾
وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ﴿٤﴾ وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ﴿٥﴾
وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ﴿٦﴾ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ﴿٧﴾

Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿٢﴾ وَرَأَيْتَ النَّاسَ
يَدْخُلُونَ فِي دِينِ اللَّهِ أَفْوَاجًا ﴿٣﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ إِنَّهُ كَانَ تَوَّابًا ﴿٤﴾

Surah Al-Lahab

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ تَبَّتْ يَدَا أَبِي لَهَبٍ وَتَبَّ ﴿٢﴾
مَا أَغْنَىٰ عَنْهُ مَالُهُ وَمَا كَسَبَ ﴿٣﴾ سَيَصْلَىٰ نَارًا ذَاتَ لَهَبٍ ﴿٤﴾
وَأَمْرَاتُهُ حَبَالَةَ الْحَطَبِ ﴿٥﴾ فِي جِيدِهَا حَبْلٌ مِّنْ مَّسَدٍ ﴿٦﴾

HIFZ-E-QURAN

Surah Al-Ikhlâs

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿٢﴾ اللَّهُ الصَّمَدُ ﴿٣﴾
لَمْ يَلِدْ ۖ وَلَمْ يُولَدْ ﴿٤﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٥﴾

Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿٢﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٣﴾
وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٤﴾ وَمِنْ شَرِّ النَّفَّاثِ فِي الْعُقَدِ ﴿٥﴾
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٦﴾

Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿٢﴾ مَلِكِ النَّاسِ ﴿٣﴾
إِلَهِ النَّاسِ ﴿٤﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٥﴾
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ﴿٦﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٧﴾

RULES FOR HIFZ-E-AD'IYAH

- The judge reserves the right to ask a participant any prayer and its translation from the Syllabus.
 - The judge will only ask the prayer by giving the title. Asking for the starting words may result in mark deduction. For example, a Tifl may be asked to “Recite the prayer for waking up”
- A participant may take up to 10 seconds before answering.
- Marks will be awarded for:
 - (a) Pronunciation and accuracy of the Arabic
 - (b) Accuracy of the translation

HIFZ-E-AD'IYAH

Before starting any work

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah the most gracious, ever merciful.

Bismillahir rahmaanir raheem

Before eating a meal

بِسْمِ اللَّهِ وَعَلَى بَرَكَاتِهِ

In the name of Allah and with the blessings of Allah

Bismillahi wa ala baraka-tillah

After eating a meal

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ

All prays are due to Allah who fed us, gave us to drink and made us among the Muslims

Al-hamdu lillah-hilla-zi at-ama-na wa saqaana wa ja alana minal muslimmeen

Going to sleep

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

O Allah I die and live calling your name

Allahumma bismika amutu wa ahya

HIFZ-E-AD'IYAH

Waking up

اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاْنَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

All praise for Allah who gave us life after taking it and unto Him we are back from this world

Alhamdu lillahillazi ahyaanaa ba'da ma amatanaa wa ilaihin-nushur

For parents

رَبِّ اَرْحَمْهُمَا كَمَا رَبَّيْنِيْ صَغِيْرًا

My Lord, have mercy on them even as they nourished me in my childhood (Holy Qur'an 17:25)

Rabbir hamhuma kama rabbayaani sagheera

For acquiring knowledge

رَبِّ زِدْنِيْ عِلْمًا

O my Lord, increase me knowledge (Holy Qur'an 20:115)

Rabbi zidni 'ilmaa

Entering a mosque

بِسْمِ اللّٰهِ الصَّلٰوةُ وَالسَّلَامُ عَلٰی رَسُوْلِ اللّٰهِ اَللّٰهُمَّ اغْفِرْ لِيْ ذُنُوْبِيْ وَافْتَحْ لِيْ
اَبْوَابَ رَحْمَتِكَ

In the name of Allah and the peace and blessings off Allah be upon His messenger, O Allah forgive my sins and open the gates of your mercy for me

Bismillahis-salatu wassalamu 'ala rasulillahi allahum-magh-firli
zunubi waftah-li abwaba rahmatika

HIFZ-E-AD'IYAH

Leaving a mosque

بِسْمِ اللَّهِ الصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَافْتَحْ لِي
أَبْوَابَ فَضْلِكَ

In the name of Allah and the peace and blessings of Allah be upon
His messenger, O Allah forgive my sins and open the gates of your
bounties for me

Bismillahis-salatu wassalamu 'ala rasulillahi allahum-magh-firli
zunubi waftah-li abwaba fazlika

After ablution

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

O Allah! Make me from among those who repent of their sins and
from among those who keep themselves pure and clean.

Allahum maj alni minat-tawwabeena waj alni minal muta-tahhiseen

HIFZ-E-AD'IYAH

Entering a house

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْلِجِ وَخَيْرَ الْمَخْرَجِ بِسْمِ اللَّهِ وَلَجْنَا وَبِسْمِ اللَّهِ خَرَجْنَا وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

O Allah I ask you for good when entering and leaving home, in the name of Allah we have entered and in the name of Allah we have gone out, and in Allah our Lord we trust

Allahumma inni as aluka khairal mauliji wa khairal makhriji.
Bismillahi walajna wa bismillahi kharajna wa 'alallahi rabbana
tawakalna

Leaving a house

اللَّهُمَّ أَعُوذُ بِكَ أَنْ أَضِلَّ أَوْ أُضَلَّ أَوْ أَزِلَّ أَوْ أُزَلَ أَوْ أُظْلِمَ أَوْ أُظْلَمَ أَوْ أَجْهَلَ أَوْ يُجْهَلَ عَلَيَّ

O Allah I seek refuge in you that I go astray, or I am led astray, that I slip or made to slip, that I oppress, or I am oppressed, that I carry out acts of ignorance or act of ignorance are carried out against me

Allahumma a'oozu bika an azilla au uzalla au azilla au uzalla au azzlama au uzzlama au ajhala au yujhala 'alayya

HIFZ-E-AD'IYAH

Beginning of a journey

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

Glory to Allah who has brought this (vehicle) under our control, though we were unable to control it, and indeed to our Lord we will surely return

Subhaan-allazi sakhara lana haaza wa ma kunna lahoo mukrineena
wa inna ilaa rabbina lamunqaliboon

Returning from a journey

آيِبُونَ تَائِبُونَ عَابِدُونَ سَاجِدُونَ لِرَبِّنَا حَامِدُونَ

We are returning, we repent to Allah, we worship Allah, we prostrate in prayers to Allah and we praise Allah

Aayiboona taaiboona 'aabidoona saajidoona lirabbina haamidoona

For the sick

أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءً لَا يُغَادِرُ سَقَمًا

O Allah the Lord of people remove the trouble and heal the patient, you are the healer and no healing is of any avail but yours healing that will leave no ailment behind

Az hibil ba'sa rabban naasi washfi anta shaafee laa shifa'a illa
shifaa'uka shifaa'al la yughadirus sakama

HIFZ-E-AD'IYAH

After Azan

اَللّٰهُمَّ رَبَّ هٰذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ اَتِ مُحَمَّدًا الْوَسِيْلَةَ
وَالْفَضِيْلَةَ وَالدَّرَجَةَ الرَّفِيْعَةَ وَاَبْعَثْهُ مَقَامًا مَّحْمُوْدًا الَّذِي وَعَدْتَهُ اِنَّكَ لَا
تُخْلِفُ الْبِعْعَادَ

O Lord of this perfect call and of the prayer about to be observed, make Muhammad (pbuh) an intermediary. Grant him excellence and a lofty station. Establish him on "Maqam-e-Mahmud" (a praiseworthy station), which You have promised him. You never break Your Promise.

Allahumma rabba hazihid da'watit tammmti wasalaatil qa'imati aati
Muhammadal waseelata wal fazeelata wad-darajatar rafee'ata
wab'ashu muqaamam Mahmoodal lazi wa 'attahu innaka laa
tukhliful mee'aad

HIFZ-E-AD'IYAH

Entering a washroom

اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِکَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

O Allah! I seek your refuge from all sorts of (physically and spiritually) harmful and vicious things

Allahumma inni audhu bika minal khubthi wal khabaith

Leaving a washroom

اَلْحَمْدُ لِلّٰهِ الَّذِیْ اَذْهَبَ عَنِّی الْاَذٰی وَ عَافٰنِیْ وَ اَبْقٰی فِیْ مَنْفَعَتِہٖ

All praise belongs to Allah Who saves me from harm and has kept me in good health and whatever was beneficial he saved it for me

Al hamdu lillah hilladhi adh-haba anni yal'adha wa afani wa abqa fi manfa atih

Sajada-e-Tilawat

سَجَدَ وَجْہِیْ لِلَّذِیْ خَلَقَہٗ وَ شَقَّ سَمْعَہٗ وَ بَصَرَہٗ بِحَوْلِہٖ وَ قُوَّتِہٖ

My face is prostrated in front of that being Who brought me to life and using His Divine ability and power granted facility to hear and see

Sajada wajhi lilladhi khalaqahu wa shaqqa sam ahu wa basarahu bihauilihi wa quwwatih

HIFZ-E-AD'IYAH

To obtain the love of Allah

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ حُبَّكَ وَحُبَّ مَنْ یُّحِبُّكَ وَالْعَمَلَ الَّذِیْ یُبَلِّغُنِیْ حُبَّكَ
اَللّٰهُمَّ اجْعَلْ حُبَّكَ اَحَبَّ اِلَیَّ مِنْ نَفْسِیْ وَ مَالِیْ وَ اَهْلِیْ وَ مِنْ الْمَاءِ الْبَارِدِ۔

O Allah, I ask You for Your Love, and the love of whoever loves You,
and the love of deeds that will bring me closer to Your Love.

O Allah! Make Your Love dearer to me than my wealth, my family
and the cold water.

Allah humma inni as aluka hubbaka wa hubba mayn yuhibbuka
wal amalal lazi yuballi ghuni hubbaka Allah hummaj al hubbaka
ahabba ilayya min nafsi wa mali wa ahli wa minnal maa il barid

Seeing one's reflection

اَللّٰهُمَّ کَمَا اَحْسَنْتَ خَلْقِیْ فَاحْسِنْ خُلُقِیْ

O my Lord, give me good morals like You have given me a good
countenance

Allahumma kama ahsanta khalqi fa ahsin khulqi

HIFZ-E-AD'IYAH

Breaking fast

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

O my Lord, for Your sake Have I kept the fast and in You alone do I believe and put my trust in You and with Your provisions do I end it

Allahumma inni laka sumtu wabika amantu wa alaika tawakkaltu wa ala rizqika aftartu

For acceptance of prayers

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Our Lord, accept *this* from us; for Thou art the All-Hearing, the All-Knowing. (2:128)

Rabbana taqabbal minna innaka antus samee'ul 'aleem

HIFZ-E-AD'IYAH

Special appeal for prayers made by Hazrat Khalifatul Masih V (aba) on 23rd August 2024:

Prayer No. 1

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Holy is Allah and worthy of all praise, Holy is Allah the Great, O Allah bestow Thy blessings upon Muhammad and the people of Muhammad

SubhanAllahi wa bi Hamdihi SubhanAllahil Azeem Allahumma Salli ala Muhammadin wa aali Muhammad

Prayer No. 2

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

I seek forgiveness from Allah, my Lord, for all my sins and turn to Him

Astaghfirullah Rabbi Min Kulli Zanbinwwa Atubu Ilaih

Prayer No. 3

رَبِّ كُلِّ شَيْءٍ خَادِمُكَ رَبِّ فَاحْفَظْنِي وَأَنْصُرْنِي وَارْحَمْنِي

O my Lord everything serves You. So O my Lord, protect me and help me and have mercy on me.

Rabbi Kullu Shay'in Khadimuka

Rabbi Fahfazni Wansurni Warhamni

RULES FOR HIFZ-E-QASIDAH

- The judge reserves the right to ask a participant any portion from the Syllabus.
- A judge will never ask for a couplet by number. A sample question may be "Recite the couplet that starts with **يَا أَيُّهَا فَیْضُ اللَّهِ**"
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
 - (a) Pronunciation
 - (b) Accuracy
 - (c) Fluency

HIFZ-E-QASIDAH

The Promised Messiah (as) is reported to have said:

“This Qasidah has been accepted by Allah, and Allah has informed me that whoever memorises this Qasidah and repeats it constantly, such a person’s heart would be granted a deep love for me and for Prophet Muhammad (saw) and I will reward him with nearness to me”

Please find the full Qasidah using the following link:

<https://www.alislam.org/book/commentary-al-qasidah/>

The Syllabus for this age group is:

- To read the introductory pages of the book linked above
- To memorise couplet 1 to 50

RULES FOR HIFZ-E-AHADITH

- The judge reserves the right to ask a participant any portion from the Syllabus.
- A judge will never ask for a hadith by number. Judges will either ask the question by:
 - Giving the participant the starting word(s) e.g. "Recite the hadith that starts with "إِنَّمَا الْأَعْمَالُ" along with its translation
 - Asking the participant to recite the Arabic of the hadith, after giving them the translation e.g. "Recite the hadith of which the translation is: "deeds are judged by motives"
- A participant may take up to 10 seconds before starting their answer.
- Marks will be awarded for:
 - (a) Pronunciation and accuracy of the Arabic
 - (b) Accuracy of the translation

HIFZ-E-AHADITH

Hadith No. 1

خَيْرُ الزَّادِ التَّقْوَى

The best provision for the journey to the hereafter is righteousness.

Khair-uz-zadit-taqwa

Hadith No. 2

الْغِنَى غِنَى النَّفْسِ

True wealth is wealth of the heart.

Al ghinaa ghinan-nafs

Hadith No. 3

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ

Deeds are judged by motives.

Inna-mal a'maalu bin-niyyaat

Hadith No. 4

سَبَابُ الْمُسْلِمِ فُسُوقٌ

Abuse by (or of) a Muslim is an evil.

Sibaab-ul-muslimi fusooq

HIFZ-E-AHADITH

Hadith No. 5

مَنْ لَا يَرْحَمُ لَا يُرَحَمُ

The one who doesn't show mercy will not be shown mercy.

Mal-la yarham, laa yurham

Hadith No. 6

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

The best among you is the one who learns the Quran and teaches it to others.

Khairu-kum man ta'allamal-qur'aana wa allamahu

Hadith No. 7

الْحَيَاءُ خَيْرٌ كُلُّهُ

Modesty is the best virtue.

Al-hayaa'u khairun kulluhu

Hadith No. 8

السَّعِيدُ مَنْ وَعَظَ بِغَيْرِهِ

A pious person learns from others (other's mistakes).

As-sa'eedu manw-wu'iza bi-ghairi

HIFZ-E-AHADITH

Hadith No. 9

لَيْسَ الْخَبْرُ كَالْمُعَايَنَةِ

Hearing is not like seeing.

Laysal-khabaru kal-mu'ayana

Hadith No. 10

طَلَبُ الْعِلْمِ فَرِيضَةٌ عَلَى كُلِّ مُسْلِمٍ وَمُسْلِمَةٍ

Acquisition of knowledge is obligatory upon every Muslim man and woman.

Talabul `ilmi farizaton `ala kulli muslimin Wa muslimah

Hadith No. 11

مَا قَلَّ وَكَفَى خَيْرٌ مِّمَّا كَثُرَ وَآلَهُ

A little that suffices one's need is better than plenty that makes him forgetful (of Allah).

Ma qalla wakafa khairum-mimma kathura wa `alha

Hadith No. 12

مَنْ قُتِلَ دُونَ مَالِهِ فَهُوَ شَهِيدٌ

The one who dies protecting their property is a martyr (Shaheed).

Man qu-ti-la doona maa-li-hi fa-huwa sha-heed
manw-wu'iza bi-ghairi

HIFZ-E-AHADITH

Hadith No. 13

مَا هَلَكَ إِمْرٌ عَرَفَ قَدْرَهُ

He who knows his own worth, would never perish.

Ma halaka imra-un `arafa qadrah

Hadith No. 14

الْمُسْلِمُ مِرْآةُ الْمُسْلِمِ

A Muslim is a mirror of another Muslim.

Al-muslimu mir'aa-tul muslim

Hadith No. 15

الْمُسْتَشَارُ مُؤْتَمَنٌ

A person who is consulted becomes a trustee.

Al musta-shaa-ru mu'-taman

Hadith No. 16

الْبَجَائِسُ بِالْأَمَانَةِ

All get-togethers (of people) are based on (their mutual) trust.

Al majaa-lisu bil-amaa-na

HIFZ-E-AHADITH

Hadith No. 17

الْبِرُّ مَعَ مَنْ أَحَبَّ

A person is with the one who he loves.

Al mar'u ma'a man ahabba

Hadith No. 18

الْبَلَاءُ مُوَكَّلٌ بِاللِّسَانِ

Talking without thinking can result in trouble.

Al ba-laa'u mu-akka-lun bil-man-taq

Hadith No. 19

خَيْرُ الْأُمُورِ أَوْسَطُهَا

Best work is one that is done in moderation.

Khairul umoori aw-satu-ha

Hadith No. 20

الدَّالُّ عَلَى الْخَيْرِ كَفَاعِلِهِ

The one who urges others to do good, gets the reward like a doer.

Ad-daal-lu alal khairi ka faa-ili-hee

RULES FOR PRESENTATION COMPETITION

- This is an open individual competition only running at National level. All Atfal are free to participate in this, but presentations must be submitted before the deadline. Visit the website below for more details:
 - atfal.org.uk/litema/talim
- Each individual will be allocated 2 minutes to present.
- Each individual must submit their presentations via email before the deadline.
 - **Submit your presentations in Microsoft Powerpoint format via email to talim@atfal.co.uk**
 - **The deadline for submissions is Sunday 14th September.**
- Please **include** your name, region and age group
- Atfal do not need to bring their electronic devices to present, a laptop will be made available to them.
- The presentation must be based on one of the topics given in the syllabus.
- The marking criteria is as follows:
 - Style of delivery
 - Content & subject matter
 - Pronunciation
 - Presentation (design)

PRESENTATION COMPETITION

The topics for the Presentations are as follows:

- The Holy Qur'an and Science
- The Holy Qur'an – Casket of Jewels

Make sure to use appropriate functionalities of MS PowerPoint to construct the presentation. Your audience will be other Atfal brothers. There is a strict 2-minute time limit. Be sure to write-up a script.

Use of images and videos must be done with great care. Ask yourself about the necessity and appropriateness of any media shared on the presentation.

For content, consult alislam.org or a local Missionary.

For more questions, please email:

Talim@atfal.co.uk

IJTEMA TEAM QUIZ COMPETITION

- This is an open team competition which will only be held at National Ijtema.
- The quiz competition will be held separately for each age group.
- Each team will consist of 3 Atfal from one age group. Teams can be submitted beforehand through your Regional Nazim Atfal.
- There will be multiple rounds, based on Salat, Ahadith, Religious Knowledge and General Knowledge
- Each team will answer the same question simultaneously.
- Pens and paper will be provided.
- The quiz master's decision will be final.

MEMORY TEST

- This competition will only be held at National Ijtema.
- This is an individual competition which will be held separately for each age group.
- Participants will be shown various items on a screen for a certain amount of time. They will then be provided with a pen and paper and must write down as many items as they can remember.

EXTEMPORE SPEECH

- This competition will only be held at National Ijtema.
- This is an individual competition which will be held separately for **Sadaqat Group (10-12)** and **Shuja'at Group (13-15)**
- Participants will pick out a random topic from a bowl of topics.
- Topics may be based on religion, current affairs or miscellaneous.
- Participants will be given **2 minutes for preparation** followed by **1 minute to deliver** the speech.
- Marks will be awarded for:
 - a) Structure of Argument
 - b) Content
 - c) Delivery