

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



# NATIONAL ATFAL CAMP 2026 HANDBOOK



27th & 28th June

Baitul Futuh



MAJLIS  
ATFALUL AHMADIYYA  
UNITED KINGDOM

# NATIONAL ATFAL CAMP 2026

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## WHO IS THIS PACK FOR?

- This pack is for all Atfal aged 12–15 who have registered for the Atfal Camp and made the £10 registration fee.
- It is also for those who are managers of the teams of Atfal.
- This pack will help you understand how best to participate in the Atfal Camp and how you can prepare yourself for it.



## ACCOMMODATION

- Accommodation is available **strictly only for those Atfal coming from afar**. Those Atfal who live within London regions and closeby are required to go home for the night.
- Please bring your own bedding, mattresses will be provided



## WHAT IS THE ATFAL CAMP?

- It is a national event being run in a team-Olympics style format.
- The Atfal Camp will be centered around team competitions, with no individual competitions.
- Atfal will compete in different competitions and accumulate points for their teams.
- The top 2 teams from each of the 3 leagues will have the chance to take part in the Grand Finale.

## WHAT ARE THE CATEGORIES OF COMPETITIONS?

All the competitions are split into Four Zones:

### TABLIGH

Total marks:

**30%**



### TALIM

Total marks:

**30%**



### EXTRA-CURRICULAR

Total marks:

**20%**



### SEHAT-E-JISMANI

Total marks:

**20%**

## HOW ARE TEAMS FORMED?

**1**

**We expect a total of approximately 500 Atfal to register**

**They will be split into about 60 teams, each team consisting of 7-10 Atfal**

**2**

**3**

**The teams are regional teams**

**Whichever region has more than 1 team, their regional Nazim Atfal will decide which Tifl is in which team for their region**

**4**

**5**

**All teams will get to participate in activities from the Four Zones**

**Contact your Regional Nazim if you want to be part of a specific team within your region**

**6**

## WHAT ARE THE TEAM KITS AND HOW DO I GET THEM?

All Atfal who have registered and paid online will be given a kit, consisting of a shirt and a cap.

The kits are regionally divided and not specific to teams. They will have your regions' name on the T-Shirt.

The kits will be delivered to Regional Nazimeen Atfal by the 21<sup>st</sup> of June.

The team kits can be collected from your Regional Nazim Atfal thereafter. Any Atfal who register closer to the registration deadline will receive their kit on the day of the event

All Atfal must be wearing their kit during the entire duration of the event.



## WHAT ARE THE LEAGUES?

**The 60 teams will be split into 3 leagues, with about 20 teams in each league.**

**The leagues will rotate between the four zones over the two days of the Atfal Camp.**

**The top two teams from each of the three leagues that collect the most points in all the 4 zones will reach the grand finale. So there will be at least 6 teams that reach the Grand Finale.**

# THE ATFAL CAMP GRAND FINALE

The top 2 teams from each league will make the grand finale on Sunday where they will take part in final competitions to decide the ultimate champions.



## TEAM MANAGERS



- Every team will need to have a captain (a Tifl) and a responsible Khadim who will act as a Team Manager.
- The Team Manager is responsible for all affairs of his Atfal from before the event to during the event.
- Managers are to be present for the full duration of the event, Regional Nazimeen should bear this in mind when selecting a manager. There should be a strong attachment between the manager and the team, so that there is an element of camaraderie.

## RESPONSIBILITIES BEFORE THE EVENT:



- Appoint a team captain with the Regional Nazim's approval.
- Ensure that you are aware of all the activities taking place, their location, and their timings.
- Attend any meeting scheduled by the National Team or Regional Team.
- Hold meetings with your team of Atfal and training sessions based on the brief in this pack. The training sessions can be done online, but in person is preferable.
- Managers should confirm all Atfal in the team have the necessary arrangements in place i.e., transport, accommodation, informing the National Team of allergies etc.

## TEAM MANAGERS



### RESPONSIBILITIES DURING THE EVENT:

- Acknowledge Atfal when they engage with activities or the event in general in a positive manner.
- Ensuring Atfal maintain the decorum required of a Jamaat event.
- Ensuring that no Tifl is left out in activities, i.e., every team member gets to take part in the activities in a fair way.
- Prevent and resolve any conflicts from arising within the team or with other teams.

## ATFAL



### WHAT ATFAL CAN DO TO PREPARE FOR THE NATIONAL ATFAL CAMP?

- Most importantly, do dua, give Sadqa and write a letter to beloved Huzoor <sup>sa</sup>.
- Find out which team you are in and introduce yourself to your manager.
- Read this handbook carefully and prepare by learning the things mentioned for each competition.
- Find out when your team is meeting to train and if they haven't decided on a date and time, ask for it to be arranged.

## ATFAL



### WHAT IS EXPECTED OF ATFAL ON THE DAY

- Be on time! If you are late for any competitions your team will lose points.
- Make sure you attend both days and have made arrangements to do so e.g., transport.
- Ensure you maintain the spiritual environment expected within a Jama'at event – treat your brothers with respect and love.
- Follow the organiser's lead on the running of the event to ensure a smooth experience for you and your brothers.



### HOW TO SEE YOUR STANDINGS ON THE LEADERBOARD

- Closer to the event, the Atfal Website page [www.Atfal.org.uk/camp](http://www.Atfal.org.uk/camp) will be updated to show a live leaderboard.
- As teams compete on the day, the leaderboard will show how many points each team has accumulated within their league.
- A leaderboard will also be displayed in Tahir Hall in Baitul Futuh which will be updated live.

# NATIONAL ATFAL CAMP 2026 PROGRAMME

Saturday 27<sup>th</sup> June

Time	Event	League 1	League 2	League 3
09:00	Breakfast & Registration	Tahir Hall	Tahir Hall	Tahir Hall
10:30	Opening Session	Tahir Hall	Tahir Hall	Tahir Hall
11:00	Activity Round 1	Talim & Tabligh (Mosque Areas)	Extracurricular (Nasir Hall)	Sports (Outside Field)
13:30	Zuhr and Asr Salat	Mosque Area	Mosque Area	Mosque Area
14:00	Lunch	Tahir Hall	Tahir Hall	Tahir Hall
15:00	Activity Round 1 (continued)	Talim & Tabligh (Mosque Areas)	Extracurricular (Nasir Hall)	Sports (Outside Field)
16:30	Activity Round 2	Sports (Outside Field)	Talim & Tabligh (Mosque areas)	Extracurricular (Nasir Hall)
19:30	Dinner	Tahir Hall	Tahir Hall	Tahir Hall
20:30	Inspirational Talk	Tahir Hall	Tahir Hall	Tahir Hall
21:30	Maghrib and Isha'a	Mosque Area	Mosque Area	Mosque Area
22:00	<i>Optional: World Cup Watch Along</i>	<i>Tahir Hall</i>	<i>Tahir Hall</i>	<i>Tahir Hall</i>
23:00	Bedtime	Noor Hall	Noor Hall	Noor Hall

# NATIONAL ATFAL CAMP 2026 PROGRAMME

Sunday 28<sup>th</sup> June

Time	Event	League 1	League 2	League 3
03:15	Tahajjud	Mosque Area	Mosque Area	Mosque Area
04:00	Fajr	Mosque Area	Mosque Area	Mosque Area
04:30	Recitation of Holy Quran	Mosque Area	Mosque Area	Mosque Area
08:00	Breakfast & Registration	Tahir Hall	Tahir Hall	Tahir Hall
08:45	Assembly	Tahir Hall	Tahir Hall	Tahir Hall
09:00	Activity Round 3	Extracurricular (Nasir Hall)	Sports (Outside Field)	Talim & Tabligh (Mosque Areas)
12:15	Grande Finale & Prizes	Tahir Hall	Tahir Hall	Tahir Hall
13:30	Zuhr and Asr Salat	Mosque Area	Mosque Area	Mosque Area
14:00	Lunch	Tahir Hall	Tahir Hall	Tahir Hall

## THE ZONES INTRODUCED

Below you will find an introduction to Each Zone and the activities within each Zone so you can prepare for them.

**1**

**TABLIGH**

**2**

**TALIM**

**3**

**EXTRA-CURRICULAR**

**4**

**SEHAT-E-JISMANI**

## THE TABLIGH ZONE

- The Tabligh Zone will take place in the Men's Mosque Area.
- In the Tabligh Zone there will be 2 competitions running simultaneously.
- The total points available in this Zone will contribute 30% of the overall score.
- **All Atfal must participate in ONE of the two competitions. Every Tifl must take part.**



### PRESENTATION COMPETITION



**1** Each team must prepare two separate presentations. One on each of the following topics:

1. Islam in the Digital Age
2. Why Islam Ahmadiyyat is Relevant Today

Each presentation must be prepared and delivered by a different group of 2–3 Atfal (i.e. no Tifl may take part in both presentations).

**2** **Presentation Format:**

**Total Time:** 4 minutes

**30 seconds:** Introduction of team members and presentation approach

**3.5 minutes:** Main presentation

3

### Judging Criteria:

- Content and Research
- Relevance to Modern-Day Challenges
- Creativity and Design
- Delivery and Confidence

4

### Possible areas to explore include:

#### Islam in the Digital Age

- Using social media responsibly
- Online etiquette and Islamic values
- Managing screen time
- Dealing with misinformation online

#### Why Islam Ahmadiyyat is Relevant Today

- Promoting peace and tolerance
- Addressing modern moral challenges
- The importance of Khilafat
- Serving humanity regardless of faith or background

## ROLE PLAY COMPETITION

1

Each team must also prepare a 4-minute role play on the theme:

### Living as a Muslim in Today's World

The role play should be discussion-based and reflect situations Atfal may encounter in everyday life. **It should NOT be a formal debate.**

2

The Atfal participating in the role play must be different from those participating in the presentation competition.

**3****Suggested scenarios include:**

- A friend asks whether religion is still relevant in the age of Artificial Intelligence.
- A discussion about balancing social media and faith.
- A conversation about dealing with peer pressure at school.
- Explaining the purpose of prayer to a non-Muslim friend.
- Discussing how faith can help with stress and mental wellbeing.
- Responding to common misconceptions about Islam.

**4****Judging Criteria:**

- Engagement and teamwork
- Clarity of Islamic teachings
- Relevance to real-life situations
- Creativity and confidence

**Important Notes:**

- Every Tifl must participate in either the Presentation Competition or the Role Play Competition.
- Presentations and role plays must reflect the teachings of Islam Ahmadiyyat.
- Participants should demonstrate confidence, teamwork, and good manners throughout.
- Atfal are encouraged to use examples from their own experiences and contemporary issues facing young people today.

**Prepare thoroughly, work together as a team, and represent Islam Ahmadiyyat with pride.**

## THE TALIM ZONE

- The Talim Session will take place in the Mosque area.
- During the Academics Session there will be 3 activities Atfal will take part in.
- The total points that can be awarded in this session will be 30% of the Grand Total.

### ACTIVITY

### USWATUN HASANAH (THE PERFECT EXAMPLE)

### ONE

**1** The Talim activity will consist of two challenges: **Character Stations** and **The King's Speech**, testing Atfal on their knowledge and understanding of the character traits of the Holy Prophet<sup>ﷺ</sup>.

**2** In **Character Stations**, teams will rotate through three stations involving matching character traits, identifying traits from clues, and completing incidents from the life of the Holy Prophet<sup>ﷺ</sup> while recognising the trait being demonstrated.

**3** In **The King's Speech**, each team will be assigned a character trait and choose between the **Standard Challenge** or **Scholar Challenge**, with higher marks available for the more advanced option.

**4** Teams will be awarded points based on their knowledge, accuracy, communication skills, and ability to explain, reference and apply the character traits in a meaningful way.

### How to Prepare for this competition:

- Atfal can prepare for this competition using the following resources available on the Atfal Website at [atfal.org.uk/camp](http://atfal.org.uk/camp):
  - 'Uswatun Hasanah – Booklet' (Introduction to the Study of the Holy Quran Pg 225-258.)
  - 30 Character Traits of the Holy Prophets as mentioned in detail.
- Managers of Atfal are encouraged to ensure that the Atfal are preparing according to the material above.

## ACTIVITY

## THE CASKET OF JEWELS

## TWO

**1** The activity will consist of two challenges: **Team Relay** and **Who am I?** Designed to test Atfal on their knowledge of the introductions and key facts of the chapters of the Holy Quran.

**2** In **Team Relay**, teams will work together to recall information about a given Surah, including its chapter number, place of revelation, number of verses, theme and key summary points, with the fastest accurate team earning the highest score.

**3** In **Who am I?**, teams will identify Surahs from a series of clues, with both individual team rounds and an open buzzer round where teams compete directly against one another.

**4** Teams will be awarded points based on their accuracy, speed of recall, teamwork and ability to correctly identify and explain information relating to the Surahs of the Holy Quran.

### How to Prepare for this competition:

- Atfal can prepare for this competition using the following resources available on the Atfal Website at [atfal.org.uk/camp](http://atfal.org.uk/camp):
  - ‘The Casket of Jewels’ – Booklet’ (Points taken from Essence of Holy Quran by Malik Ghulam Farid Sahib)
  - Introduction of 50 Surahs of the Holy Quran.
- Managers of Atfal are encouraged to ensure that the Atfal are preparing according to the material above.

## ACTIVITY

## THE FAITH FACTOR!

## THREE

- 1 Teams will compete in a quiz-based challenge by selecting from a range of categories, including **Islamic History, History of Ahmadiyyat, Salaat, General Knowledge, and Sports & Science.**
- 2 Each question will carry a different point value, with higher-value questions being more difficult and offering greater rewards.
- 3 Correct answers will add points to a team's score, while incorrect answers will result in points being deducted, encouraging both knowledge and strategy.
- 4 Teams will participate in rotating groups of three Atfal, ensuring that all members contribute and are tested throughout the activity.

### **How to Prepare for this competition:**

- Atfal can prepare for this competition using the following resources available on the Atfal Website: [www.atfal.org.uk/atfal-quiz-time](http://www.atfal.org.uk/atfal-quiz-time)
- Managers of Atfal are encouraged to ensure that the Atfal are preparing according to the material above.

## THE EXTRA-CURRICULAR ZONE

- The Extra-curricular Session will take place in Nasir Hall.
- During the Extra-curricular session there will be three challenges that all teams will take part in.
- Each challenge will last for 40-60 minutes, after which the Atfal will switch over to the next activity within the Extra-curricular Zone.
- The points that can be awarded in this session will be 20% of the total score.
- Challenge 1 and Challenge 2 will be worth 8% each.
- Challenge 3 will account for 4% of the total marks.

### CHALLENGE

### THINK FAST! OPERATION BLACKOUT

### ONE

**1** Hackers have shut down the local power grid. Teams have 45 minutes to recover a security code and activate the emergency generator.

**2** There will be seven rounds to tackle where the teams will be provided clues to identify the code one number at a time.

**3** This challenge will account for 8% of the total score for every team.

### How to Prepare for this competition:

- There is no prior preparation required for this challenge. The challenge and the relevant rules will be explained at the camp before the challenge starts.

Atfalul Ahmadiyya UK has been given the opportunity to build a new school in a rural African village where many children currently walk long distances to attend school.

### 1 You must develop a complete plan showing:

1. Why the school is needed.
2. How you will raise the money.
3. What the school will look like.
4. How much it will cost.
5. How it will be sustainable in the future.

### 2 Each team member will be given a specific role to fulfil:

- **Team Leader:** Keeps the group focused and on time.
- **Community Researcher:** Thinks about the needs of the local community and identifies what the school should include.
- **Fundraising Manager:** Creates ideas for raising money.
- **Budget Manager:** Creates a simple budget for building and running the school.
- **Design Planner:** Designs the school layout with all facilities included.
- **Communications Officer:** Creates a campaign and publicity plan with a poster for social media.
- **Sustainability Officer:** Ensures a plan is created for the project to continue long-term.

3 This competition seeks to test Atfal's standard of language, presentation skills and creativity in creating a sustainable design.

4 This challenge will account for 8% of the total score for every team.

### How to Prepare for this competition:

- Atfal should try to get an understanding of the costs involved in building a school in a village in Africa, what resources are required and how to ensure that projects like these have long-term success.

## CHALLENGE

## THE SKILL ZONE DISASTER RESPONSE

## THREE

- 1 After an earthquake has destroyed mass infrastructure, Atfal need to swiftly deploy to bring stability in society.
- 2 Three stations will be set up for Atfal to showcase their practical skills.
- 3 The **first station** will require the teams to build a bridge for transporting vehicles using items provided.
- 4 The **second station** will involve setting up a water distribution system to effectively provide a supply for local inhabitants.
- 5 For the **third station** the teams will carry out a wiring repair to reinstate electricity.
- 6 This challenge will account for 4% of the total score for every team.

### How to Prepare for this competition:

- Atfal can research how bridge structures are formed, what is required to put together a fuse and simple plumbing techniques.
- The tasks and the relevant rules will be explained at the camp before the challenge starts.

# THE SEHAT-E-JISMANI ZONE

The Sehat-e-Jismani Zone will contain sports-related competitions.

The total points that can be awarded in this session will be 20% of the total.

There will be three Categories of Competitions in the Sehat-e-Jismani Zone:

- **Head to Head games** – which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone 1.
- **Olympics** – 6% – which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone 2.
- **Team games** – 8% – which will be worth 6% of the total 20% Atfal can achieve in the Sehat-e-Jismani Zone 3.

## ZONE

## HEAD TO HEAD GAMES

## ONE

**1 Top Golf** – All teams will go head to head in a test of skill and accuracy to pot the ball as close as possible to different targets. The team closest to the target takes the points.

**2 Sling Ball** – Each team will select 1 member per round whose objective is to catch the high flying ball against team rivals. Catch it to earn points for your team.

**3 Reaction Cone Call** – A test of reaction and speed, jump to the relevant colour as instructed by the referee. Failure to react quick enough, you will be eliminated.

ZONE

OLYMPICS

TWO

**1 Archery** - The average mark that all Atfal gain in their turns will make up the team score. The archery set will be a safe set that is not injurious.

**2 Relay race** - All the Atfal will get to take part.

**3 The Distance Throw** - choose one team member per round and compete to throw the furthest distance.

ZONE

TEAM GAMES

THREE

**The rules will be explained on the day**

**1 Tug of War** - 7 Atfal from each team will go head to head with other teams.

**2 Capture the Flag** - 7 Atfal from each team will go head to head with other teams in this popular game. To learn more about this game, you can look online and search for "**Capture the Flag game**".

#### **How to Prepare for this competition:**

- The activities listed above can be practiced at home or in the park.
- Atfal can also practice playing the game of "Capture the Flag".
- If Atfal have access to a Shot-put they can practice accordingly.



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